

DR. SAURABH KHISTE

Consultant - Nephrology

Qualification

MBBS | DNB (General Medicine) | DrNB (Nephrology)

Overview

Dr. Saurabh Khiste is a skilled and compassionate Nephrologist with over 15 years of overall medical experience, including more than 9 years in the field of Nephrology and Renal Transplantation. He is associated with Manipal Hospitals, Baner, Pune, where he leads the nephrology services with a focus on comprehensive kidney care. Dr. Khiste completed his MBBS from K.J. Somaiya Medical College in Mumbai, followed by a DNB in General Medicine and super-specialisation in Nephrology (DNB Nephrology). He has also cleared the prestigious European Speciality Examination in Nephrology (ESENeph-UK) in 2023. Dr. Khiste has extensive experience managing chronic kidney disease (CKD), acute kidney injury (AKI), nephrotic syndrome, glomerulonephritis, hypertension-related kidney issues, and diabetic nephropathy. He is highly proficient in advanced dialysis techniques, including haemodialysis, peritoneal dialysis, and CRRT. His expertise also includes performing renal biopsies, vascular access procedures, and managing complex renal transplant cases, including ABO-incompatible and high-risk transplants. An academic at heart, Dr. Khiste was awarded the Annual Gold Medal for Best Thesis in Nephrology by SVIMS University. He actively contributes to clinical discussions and remains engaged with the latest research. He is a member of the Indian Society of Nephrology (ISN), the Indian Society of Organ Transplantation (ISOT), and the Association of Physicians of India (API). At Manipal Hospitals Baner, Dr. Khiste is known for his patient-centric approach, clear communication, and evidence-based decision-making. He works closely with multidisciplinary teams to provide timely, ethical, and individualised care to every kidney patient, whether it's early-stage kidney dysfunction or post-transplant rehabilitation.

Fellowship & Membership

- API (Association of Physicians of India).
- ISN (Indian Society of Nephrology).
- ISOT (Indian Society of Organ Transplantation).

Field of Expertise

- Clinical Nephrology
- Kidney Transplant
- Intensive Care Nephrology
- Dialysis – Hemo, CRRT, SLED
- Peritoneal Dialysis
- Acute Kidney Injury – Glomerulonephritis
- Nephrotic Syndrome
- Calculus Disease – Medical management and prevention

- Renal Biopsy
- Tunnel catheter insertion

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- Received Annual Gold Medal for Best Nephrology Thesis from Sri Venkateswara Institute of Medical Sciences (4th SVIMS University - Dr. K.V. Dakshinamurty).

Talks & Publications

- Bad Aortoiliac vessels: Not a contraindication For Renal Transplantation, Indian Journal of Transplantation, 2023.(DOI: 10.4103/ijot.ijot_92_21).
- Isolated Renal Mucormycosis Post COVID-19 Infection, Sarcouncil Journal Of Medical Series, 2023.(DOI: <https://doi.org/10.5281/zenodo.7778933>).
- Tuberculosis - Always the Hidden Masquerader. Int J Nephrol, 2023. (DOI: <https://doi.org/10.36266/IJNRD/107>).
- Extensive ileocaval and renal vein thrombosis mimicking acute pyelonephritis, Sarcouncil Journal Of Medical Series, 2023. (DOI: <https://doi.org/10.18203/2320-6012.ijrms20233735>).