

DR. SHWETA KHOPDE

Consultant - Rheumatologist

Qualification

MBBS | MD | Fellowship in Rheumatology

Overview

Dr. Shweta Khopde is a highly qualified and compassionate Consultant Rheumatologist at Manipal Hospitals, Baner, Pune, with nearly 10 years of clinical experience in internal medicine and rheumatology. She completed her MBBS from Padmashri Dr. Vithalrao Vikhe Patil Foundation's Medical College, Ahmednagar, followed by an MD in General Medicine from Maharashtra University of Health Sciences (MUHS), Nashik. Further refining her speciality, she pursued a Fellowship in Rheumatology and Clinical Immunology at Dr. D.Y. Patil University, Pune, equipping her with focused expertise in autoimmune and musculoskeletal disorders. Her core areas of clinical interest include rheumatoid arthritis, ankylosing spondylitis, psoriatic arthritis, systemic lupus erythematosus (SLE), scleroderma, vasculitis, gout, and fibromyalgia. Dr. Khopde is well-versed in musculoskeletal ultrasonography, joint aspiration, and ultrasound-guided intra-articular injections, offering both diagnostic clarity and therapeutic relief to her patients. She is an active member of the Indian Rheumatology Association and Maharashtra Rheumatology Association, regularly contributing to conferences, clinical discussions, and continuing medical education programmes. She also engages in patient education through awareness talks and blog writing on lifestyle management in autoimmune diseases. Known for her patient-centered care and calm demeanour, Dr. Khopde works in close collaboration with orthopaedic surgeons, physiotherapists, dermatologists, and other allied specialists to ensure comprehensive rheumatological care. Her evidence-based approach, combined with empathy and clear communication, makes her a trusted name among patients dealing with chronic inflammatory conditions. Dr. Shweta Khopde's dedication to early diagnosis, targeted therapy, and long-term management plans has helped improve the quality of life for many patients suffering from complex rheumatological conditions in Pune.

Fellowship & Membership

- Fellowship in Rheumatology
- Membership - Indian Rheumatology Association
- Membership - Maharashtra Rheumatology Association

Field of Expertise

- Rheumatoid Arthritis
- Ankylosing Spondylitis
- Osteoarthritis
- Systemic Lupus Erythematosus
- Connective Tissue Disorders
- Psoriatic Arthritis

Languages Spoken

- English
- Hindi
- Marathi
- French