

MS. SHIVANEE TRIPATHY

Clinical Psychologist

Qualification

MPhil in Clinical Psychology | PhD (Scholar)

Overview

Ms. Shivanee has been a registered clinical psychologist with the Rehabilitation Council of India since 2019. Her experience includes a blend of both psychiatry and oncology settings. She has been deep diving into the area of behavioural medicine as she focuses on the inclusivity of access to psychological care for people from all walks of life and health conditions, who may or may not be under psychiatric medication or be mandatorily acquainted with psychotherapies that require a certain level of sophistication. She has taken special interest in Emotion Regulation Therapy, Mindfulness-based Cognitive Behavioural Interventions, Cognitive Behaviour Therapy for Sexual Dysfunctions, Adolescent Life Skills training in addition to her formal training. She is a certified Trainer for Mental Health and Psychological Support During Disasters by National Disaster Management Authority of India(NDMA) in collaboration with the Tata Institute of Social Sciences. She is also a certified HIV counsellor. Ms. Shivanee is also pursuing her PhD and expanding her understanding of the latest Metacognitive Therapies which are always intended to be of best service to people in her capacity.

Field of Expertise

- Psychodiagnostics
- Psychological Screening for All Age Groups, Like Developmental Screenings
- IQ
- Neuropsychological Assessments
- Personality, Etc.
- Stress Management, Interventions for Chronic Pain, Behaviour Medicine, Psychotherapies
- Counselling for Individuals, Couples, Family, Grief, and Crisis
- Psychological Assessments for All Age Groups
- IQ, Personality, Neuropsychological Assessments
- Psychodiagnostics
- Counselling - Individual, Marital, Family
- Stress Management
- Psychotherapy
- Lifestyle Management
- Chronic Pain Management

Languages Spoken

- English
- Hindi

- Odia
- Marathi