

DR. SHAMITA SINGHEL GHOSAL

Obstetrics and Gynaecology Specialist

Qualification

MBBS | DGO | DNB | MRCOG

Overview

Dr. Shamita Singhal Ghosal is a highly regarded and experienced Gynecologist in Kolkata, with over 15 years of expertise in the field of obstetrics and gynaecology. She is known for her compassionate approach, dedication to patient care, and her ability to provide personalized medical solutions for women's health. Dr. Ghosal is currently associated with Manipal Hospital Broadway (formerly AMRI Hospital - Salt Lake), one of the leading healthcare institutions in Kolkata, where she provides a wide range of gynaecological and obstetric services. She is the Best Obstetrics & Gynaecology Doctor in Kolkata. With a strong academic foundation and a wealth of experience, Dr. Ghosal specializes in various aspects of gynaecology, including infertility treatment, high-risk pregnancy management, and women's health disorders. Her areas of expertise also include amenorrhea, dysmenorrhea, menorrhagia, vaginal infections, and incontinence of urine, all of which are managed with the utmost care and attention to detail. Dr. Ghosal's dedication to staying updated with the latest developments in her field has earned her a reputation as one of the top gynaecologists in Kolkata. Dr. Shamita Singhal Ghosal has an impressive educational background, which has equipped her with a deep understanding of women's health. She completed her MBBS (Bachelor of Medicine and Bachelor of Surgery) from a reputed institution, providing her with the essential medical foundation required to diagnose and treat a wide range of health conditions. Following this, she pursued her specialization in gynaecology, obtaining the DGO (Diploma in Obstetrics and Gynecology) and DNB (Diplomate of National Board) degrees, which further solidified her expertise in the field. In addition to her formal qualifications, Dr. Ghosal has also completed her MRCOG (Membership of the Royal College of Obstetricians and Gynecologists), an esteemed certification that reflects her commitment to maintaining the highest standards of medical practice. The MRCOG qualification has allowed her to gain a global perspective on gynaecological practices, enhancing her ability to provide world-class care to her patients. Dr. Shamita Singhal Ghosal specializes in a wide range of services related to women's health, making her a go-to expert for various gynaecological and obstetric conditions. Some of the key services she offers include: One of Dr. Ghosal's key areas of expertise is infertility treatment, where she offers comprehensive diagnostic and therapeutic solutions to help couples struggling with conception. She provides personalized care, working closely with patients to identify the underlying causes of infertility and recommending appropriate treatments such as IUI (Intrauterine Insemination), IVF (In Vitro Fertilization), and ICSI (Intracytoplasmic Sperm Injection). Her approach is both compassionate and evidence-based, ensuring that patients receive the best possible chance at achieving a healthy pregnancy. Dr. Ghosal has significant experience in managing high-risk pregnancies, which require specialized attention and care. High-risk pregnancies can involve various complications, such as gestational diabetes, hypertension, pre-eclampsia, and multiple pregnancies. Dr. Ghosal's comprehensive approach to high-risk pregnancy management ensures that both the mother and the baby receive the best care throughout the pregnancy journey, minimizing risks and improving outcomes. Urinary incontinence is a common yet often under-discussed issue for many women. Dr. Ghosal provides effective treatments for urinary incontinence, which can occur due to various factors such as childbirth, ageing, or pelvic floor disorders. She offers both non-surgical and surgical options tailored to each patient's condition, helping women regain control over their bladder function and improve their quality of life. Dr. Ghosal treats amenorrhea, a condition where women experience the absence of menstruation. Amenorrhea can be caused by hormonal imbalances, pregnancy, stress, or underlying health issues. With her expertise, Dr. Ghosal helps identify the root cause of amenorrhea and provides effective treatment plans to restore menstrual health. Dr. Ghosal is skilled in managing dysmenorrhea (painful menstruation) and menorrhagia (heavy menstrual bleeding). These conditions can significantly affect a woman's quality of life, and Dr. Ghosal uses a combination of medication, lifestyle changes, and surgical treatments to help alleviate symptoms. Her approach focuses on addressing the underlying causes of these conditions to provide long-

term relief. Vaginal infections, including yeast infections, bacterial vaginosis, and sexually transmitted infections, are common concerns for women of all ages. Dr Ghosal provides comprehensive treatment for vaginal infections, offering both preventive measures and effective treatments to ensure women's vaginal health. She also educates her patients on maintaining proper hygiene and avoiding factors that could lead to recurrent infections. Dr. Ghosal has extensive experience in managing Premenstrual Syndrome (PMS), a condition that affects many women in the lead-up to their menstrual cycle. Symptoms can include mood swings, fatigue, irritability, and bloating. Dr. Ghosal works with her patients to identify triggers and provide holistic treatment options that may include dietary adjustments, stress management, and medication to reduce the severity of PMS symptoms. Dr. Shamita Singhal Ghosal is known for her patient-centred care approach. She believes in creating a comfortable and supportive environment where women can openly discuss their health concerns without fear of judgment. Dr. Ghosal takes the time to listen to each patient's unique health issues and provides clear explanations about their conditions and treatment options. Her compassionate demeanour ensures that patients feel understood and empowered throughout their treatment journey. Her approach is also highly personalized, as she tailors each treatment plan to suit the individual needs and circumstances of her patients. Whether a woman is experiencing a routine gynecological issue or a more complex health condition, Dr Ghosal offers treatments that are evidence-based, effective, and suited to her patient's preferences and lifestyle. With 15 years of experience in the field, Dr. Shamita Singhal Ghosal has gained a reputation as one of the best gynaecologists in Kolkata. Her in-depth knowledge, clinical expertise, and compassionate care have made her a trusted name in women's health. She has treated hundreds of patients, providing them with the care and support they need to manage their gynaecological and obstetric concerns effectively. Dr. Ghosal is also highly regarded for her ability to manage complex cases, including high-risk pregnancies and infertility, making her a sought-after specialist for patients who require specialized care. Dr. Shamita Singhal Ghosal is an expert gynaecologist in Kolkata with a wealth of experience and a compassionate approach to women's health. Her expertise spans a broad spectrum of gynecological services, including infertility treatment, high-risk pregnancy management, incontinence of urine, amenorrhea, dysmenorrhea, and more. With her strong academic background, extensive clinical experience, and patient-centred care, Dr. Ghosal is widely regarded as one of the leading gynaecologists in the region. For women in Kolkata seeking personalized and expert care for their gynaecological health, Dr. Shamita Singhal Ghosal provides a trusted and reliable option. Whether you are dealing with common gynecological issues or more complex conditions, Dr Ghosal's expertise and compassionate approach will ensure that you receive the highest quality of care. If you are looking for a gynecologist who combines medical excellence with a warm and empathetic bedside manner, Dr. Shamita Singhal Ghosal is the ideal choice.

Fellowship & Membership

- Member of the Royal College of Obstetricians and Gynaecologists (MRCOG)

Field of Expertise

- Expertise in Obstetrics, providing expert care during pregnancy and childbirth, ensuring the health and well-being of both mother and baby.
- Proficient in performing Gynaecological surgeries, including Caesarean Sections, Hysterectomies (both abdominal and vaginal), Tubal Ligations, and Dilation and Curettage procedures, providing safe and effective treatment for her patients.
- Specialises in managing high-risk pregnancies, providing comprehensive care and monitoring for expecting mothers with pre-existing medical conditions or pregnancy complications.

Languages Spoken

- English
- Hindi
- Bengali

