

DR. PARTHA SARATHI MANDAL

Senior Consultant - Internal Medicine and Diabetology MBK

Qualification

MD (Internal Medicine)

Overview

Dr. Partha Sarathi Mandal is a Senior Consultant specialising in Internal Medicine and Diabetology at Manipal Hospitals, Broadway, Kolkata. With over three decades of extensive experience both in India and the UK, Dr. Mandal has established himself as a prominent figure in his field. His medical journey began with an MBBS from Calcutta National Medical College, followed by an MD in General Medicine from Rajendra Medical College, Ranchi. Furthering his expertise, he earned his MRCP(UK) in 1998 after five years of work in various hospitals across the UK, where he also developed a profound interest in diabetes management. Dr. Mandal was subsequently awarded the FRCP (Edinburgh) in recognition of his contributions and expertise. Dr. Mandal is known for his evidence-based practice and compassionate, patient-centric approach. His empathetic nature has earned him widespread recognition and trust from patients in Kolkata and neighbouring regions. With exceptional clinical skills, he offers comprehensive care in internal medicine, with a particular focus on diabetes management and its complications. Committed to staying at the forefront of medical advancements, Dr. Mandal regularly attends national and international conferences. He is also dedicated to the training and development of junior doctors and healthcare workers, often leading training programs and participating as a speaker and panellist at various conferences. Dr. Mandal's expertise extends to managing gestational diabetes mellitus, diabetes in pregnancy, in-hospital hyperglycemia, lipid disorders, obesity, metabolic dysfunction associated with steatotic liver disease (MASLD), and both acute and chronic complications of diabetes. He is also skilled in the long-term management of Type 1 diabetes in children and adults, as well as diabetes associated with chronic kidney disease, heart failure, and cardiovascular diseases. Fluent in English, Bengali, and Hindi, Dr. Mandal effectively communicates with a diverse patient population. He is actively involved in community awareness programs focused on diabetes prevention and patient education.

Fellowship & Membership

- Fellow of Royal College of Physicians, Edinburgh
- Member of Royal College of Physicians, UK
- American Diabetes Association (ADA)
- Association of Physicians of India (API)
- Research Society for Study of Diabetes in India (RSSDI)

Field of Expertise

- Specialises in managing blood glucose levels, advising on dietary modifications and administering Insulin Therapy to ensure the health of both mother and baby during pregnancy.
- Expert in controlling high blood sugar levels in hospitalised patients using intravenous insulin therapy and medications, preventing complications such as diabetic ketoacidosis.

- Provides care for lipid disorders, obesity, and MASLD through lifestyle modification, pharmacotherapy, and monitoring to manage cholesterol and reduce cardiovascular risk.
- Manages acute and chronic complications of diabetes mellitus, ensuring comprehensive care and prevention.
- Offers individualised care plans for long-term management of Type 1 Diabetes in children and adults to maintain optimal blood sugar control and improve quality of life.
- Proficient in managing diabetes in patients with chronic kidney disease, heart failure, and other cardiovascular diseases.

Languages Spoken

- English
- Bengali
- Hindi