

DR. SANTANU GANGULY

Consultant - Internal Medicine

Qualification

MBBS (CALI) | DGO(CAL) | M.D (MEDICINE) (USAIM)

Overview

Dr. Santanu Ganguly is a highly experienced general physician and internal medicine specialist practising at Manipal Hospitals Broadway in Kolkata. With a career spanning several years, Dr. Ganguly has earned a reputation for his exceptional diagnostic skills and patient-centred approach to medical care. He provides expert treatment for a broad range of acute and chronic conditions, offering compassionate and effective care to patients from all walks of life. His clinical expertise and commitment to the well-being of his patients have established him as a trusted healthcare provider in the region. He is the foremost Internal Medicine Specialist in Kolkata. At the core of Dr. Ganguly's practice is his dedication to providing individualized care that addresses the unique health needs of each patient. He understands the importance of building strong, trusting relationships with his patients. He believes that a collaborative approach to healthcare, in which the patient is an active participant in their treatment plan, is key to achieving the best possible outcomes. By offering personalized care that is tailored to the individual, Dr. Ganguly ensures that his patients not only receive treatment for their current conditions but also receive guidance on how to manage and prevent future health issues. As an experienced general physician and internal medicine specialist, Dr. Ganguly is adept at diagnosing and managing a wide variety of medical conditions. His expertise covers both acute and chronic illnesses, allowing him to provide effective care across a diverse range of medical needs. Some of the key areas of Dr. Ganguly's expertise include: Diabetes is a growing health concern globally, and managing this chronic condition is one of Dr. Ganguly's key areas of expertise. Whether dealing with Type 1 diabetes, Type 2 diabetes, or gestational diabetes, Dr. Ganguly provides comprehensive care to help patients manage their blood sugar levels effectively. His approach includes: Personalized treatment plans, may include lifestyle modifications, oral medications, or insulin therapy based on the patient's specific condition and needs. Ongoing monitoring to assess blood glucose levels, adjust medications, and prevent complications such as diabetic retinopathy, neuropathy, and kidney disease. Patient education, helps individuals understand the impact of diet, exercise, and stress management on their blood sugar levels, thus empowering them to take an active role in managing their diabetes. Hypertension is a prevalent condition that can lead to severe complications, including heart disease, stroke, and kidney damage if left untreated. Dr. Ganguly works closely with his patients to control and manage high blood pressure through: Thorough assessment, including blood pressure monitoring and evaluating the underlying causes of hypertension. Medication management, adjusting drug therapies as needed to ensure that blood pressure is maintained at safe levels. Lifestyle recommendations, such as adopting a low-sodium diet, regular physical activity, and stress reduction techniques to improve overall cardiovascular health. Dr. Ganguly specializes in the treatment of a range of respiratory diseases, including asthma, chronic obstructive pulmonary disease (COPD), pneumonia, and bronchitis. His expertise allows him to provide both immediate care during acute exacerbations and long-term management of chronic conditions. He emphasizes: Comprehensive evaluations, including pulmonary function tests, chest X-rays, and blood gas analysis, to diagnose respiratory disorders accurately. Medication and inhaler therapies, adjusting medications to manage symptoms, reduce inflammation, and improve airflow. Education on self-management, including guidance on using inhalers properly, recognizing early symptoms of flare-ups, and lifestyle adjustments to support lung health. Dr. Ganguly also manages various infectious diseases, such as viral infections, bacterial infections, fungal infections, and parasitic infections. He is skilled in diagnosing and treating common infections like the flu, common cold, and urinary tract infections as well as more complex infections, including tuberculosis and hepatitis. His approach to infectious disease management includes: Accurate diagnosis through laboratory tests, blood cultures, imaging studies, and other diagnostic tools to identify pathogens and tailor treatment accordingly. Antibiotic and antiviral therapies, provide appropriate courses of medication based on the type of infection. Preventive care, including vaccination programs and educating

patients on proper hygiene practices to reduce the risk of infections. Dr. Ganguly is particularly skilled in managing chronic conditions that require long-term care, such as hyperlipidemia, chronic kidney disease, and rheumatological conditions. His management approach for chronic diseases includes: Long-term monitoring, regular check-ups, and laboratory tests to track disease progression and adjust treatment plans as needed. Collaboration with specialists, including cardiologists, nephrologists, and rheumatologists, to ensure that patients receive comprehensive care for conditions that involve multiple organ systems. Patient support and education, helping individuals make informed decisions about their care and empowering them to manage their condition effectively through lifestyle modifications and medication adherence. Dr. Ganguly places a strong emphasis on preventive care and early detection. His practice is grounded in the belief that proactive healthcare can prevent many chronic diseases and improve overall health outcomes. As part of his preventive medicine approach, he encourages regular health screenings to detect potential issues early, even before symptoms arise. These screenings include: Routine blood tests, cholesterol checks, and blood sugar monitoring to identify potential cardiovascular risks and metabolic issues. Cancer screenings, such as mammograms, colonoscopies, and Pap smears, detect early signs of cancer and address them promptly. Health counselling, including advice on maintaining a healthy weight, eating a balanced diet, exercising regularly, and avoiding smoking and excessive alcohol consumption. Dr. Ganguly educates his patients on the importance of maintaining a healthy lifestyle, offering personalized advice on how to reduce risk factors for chronic diseases and improve overall well-being. Dr. Santanu Ganguly's practice is characterized by his patient-centred approach, where the well-being of the individual takes priority. He recognizes that every patient is unique, with different health goals, concerns, and challenges. Therefore, he works closely with each patient to develop personalized treatment plans that are tailored to meet their specific needs and preferences. Dr. Ganguly takes the time to listen to his patients, answer their questions, and address their concerns, creating a strong and trusting doctor-patient relationship. He also believes in educating his patients, empowering them to take control of their health and make informed decisions. By providing clear explanations about their conditions and treatment options, Dr. Ganguly ensures that patients feel confident and supported throughout their healthcare journey. Dr. Ganguly practices at Manipal Hospitals Broadway, a state-of-the-art healthcare facility in Kolkata that is equipped with the latest diagnostic tools and technologies. The hospital's advanced diagnostic capabilities enable Dr. Ganguly to perform accurate and timely assessments, which are critical for effective treatment. With access to cutting-edge laboratory tests, imaging facilities, and specialist consultations, Dr. Ganguly can provide comprehensive care for his patients, ensuring that all aspects of their health are carefully evaluated. At Manipal Hospitals Broadway, Dr. Ganguly works in collaboration with other medical specialists to provide comprehensive care for complex conditions. This multidisciplinary approach allows patients to benefit from the collective expertise of different specialists, ensuring that they receive the most comprehensive treatment available. Whether a patient requires care from a cardiologist, nephrologist, or pulmonologist, Dr. Ganguly coordinates with the appropriate specialists to ensure seamless and effective care. Dr. Santanu Ganguly is a highly skilled general physician and internal medicine specialist at Manipal Hospitals Broadway, Kolkata. His expertise spans a broad range of acute and chronic conditions, including diabetes, hypertension, respiratory diseases, infectious diseases, and chronic disease management. Dr. Ganguly's patient-centred approach, emphasis on preventive care, and ability to manage complex conditions make him a trusted and respected physician in the medical community. His dedication to providing personalized, comprehensive care ensures that his patients receive the highest quality treatment, helping them achieve better health and improved quality of life.

Languages Spoken

- English
- Bengali
- Hindi