

## DR. ASHWINI NEELAKANTHI

Consultant - Obstetrics and Gynecology

### Qualification

MBBS | MS(OBG) | DNB | FMAS | MRCOG(UK)

### Overview

Dr. Ashwini Neelakanthi is an experienced OBG specialist in Bangalore. She is currently practising as a Senior Consultant in Obstetrics and Gynaecology at Manipal Clinic, Brookfield, Bangalore. With over 14 years of experience in obstetrics and gynaecology, Dr. Ashwini has established herself as a trusted specialist in managing a wide spectrum of women's health issues. Her areas of expertise include high-risk pregnancies, assisted vaginal delivery, vaginal birth after cesarean (VBAC), menstrual irregularities, contraception, menopause management, and infertility evaluation. She is also proficient in performing minimally invasive laparoscopic surgeries and procedures such as abdominal and vaginal hysterectomy, ensuring patients receive the most advanced and evidence-based care. Dr. Ashwini's academic credentials reflect her commitment to continuous learning and professional growth. She holds an MBBS degree from Karnataka Institute of Medical Sciences, an MS in Obstetrics and Gynecology from Mysore Medical College, a DNB in Obstetrics and Gynecology from the National Board of Examinations, and a Fellowship in Minimal Access Surgery (FMAS). She is also a member of the prestigious Royal College of Obstetricians and Gynecologists, UK (MRCOG). These qualifications underscore her expertise and dedication to advancing women's healthcare. Dr. Ashwini is deeply committed to providing patient-centred, holistic care tailored to each individual's unique needs. Her compassionate approach ensures that her patients feel supported and informed throughout their treatment journey. As the best Gynecologist in Varthur Road, Bangalore, she takes the time to educate women about their health conditions, offering clear explanations of treatment options to help them make empowered decisions about their care. A strong proponent of evidence-based medicine, Dr. Ashwini integrates the latest advancements in obstetrics and gynaecology into her practice. Her dedication to innovation and excellence has enabled her to achieve outstanding results in managing complex cases, such as high-risk pregnancies, fibroids, endometriosis, sexually transmitted infections, and cancer screening. She also specialises in menopause care, helping women navigate this life stage with confidence and improved quality of life. Dr. Ashwini is a passionate educator and mentor, guiding numerous postgraduate students and junior doctors. Her contributions to medical education include delivering lectures, conducting workshops, and serving as a university examiner. She has also been invited as a guest speaker at prestigious conferences and seminars, sharing her insights on emerging trends in obstetrics and gynaecology. Fluency in English, Hindi, Kannada, and Telugu enables Dr. Ashwini to connect with patients from diverse linguistic backgrounds, ensuring effective and empathetic communication. Her ability to create a supportive environment fosters trust and confidence in her care.

### Fellowship & Membership

- Member of the prestigious Royal College of Obstetricians and Gynecologists, London, UK.
- Member AMASI (Association of Minimal Access Surgeons of India).
- Member (BSOG) Bangalore Society of Obstetrics and Gynecology

### Field of Expertise

- High-risk pregnancy, assisted vaginal delivery, vaginal birth after caesarean, menstrual irregularities, contraception, fibroids, PCOS, endometriosis, sexually transmitted infections, infertility evaluation, cancer screening, abdominal and vaginal hysterectomy, laparoscopic surgeries, and menopause.

## Languages Spoken

- English
- Kannada
- Hindi
- Telugu

## Talks & Publications

- Sheela HS, Neelakanthi A, "Menopause: Physiology & Adaptation" in FOGSI's Postgraduate Gynecology: A Textbook (Volume 2), published by Jaypee Brothers & Federation of Obstetric & Gynecological Societies of India, Published March 2022
- Swathi A, Sheela HS, Neelakanthi A, Mounica KSN, Shivani RS. A retrospective study to see the correlation between platelet count and coagulation profile in pregnancy-induced hypertension. The New Indian Journal of OBGYN. 2023; 9(2): 279 - 82.
- Neelakanthi, A., Venkatesh, S., Babu, D., et al. (2021). Prevalence and risk factors of depressive symptoms in the postpartum period: a cross-sectional study. Perinatology, 21(4), 166-173.
- Neelakanthi A, Lokeshchandra HC. Gestational Trophoblastic Disease: A Hospital-Based Prospective Study to Characterize Incidence, Risk Factors, Management and Review of Literature. Indian Journal of Gynecologic Oncology. 2020;18:50
- Sheela HS, Neelakanthi A, Nikitha CP. Randomized clinical trial to evaluate ferric carboxymaltose and iron sucrose for treatment of postpartum anaemia in a tertiary hospital. International Journal of Reproduction, Contraception, Obstetrics and Gynecology.2018 Oct ;7(11): 4552.
- Lakshmikantha G, Lokeshchandra HC, Neelakanthi A, Sangeetha C. Relaparotomy after emergency hysterectomy for postpartum haemorrhage. Int J Med Appl Sci. 2013;2(4):13-15.
- Conservative management of a huge benign ovarian cyst in the third trimester of pregnancy by ultrasound-guided aspiration – a case report at All India Conference of Obstetrics and Gynecology 2014, Patna, India
- Myneni A, Neelakanthi A Embracing possibilities: navigating pregnancy with turner syndrome- at YUVA FOGSI Mysore Aug 2024
- Shekar N, Neelakanthi A, Nair A Case series on Placenta Accreta Spectrum- KSOGA conference Hassan November 2024
- Invite as guest faculty in conferences and CME, health talks on FM radio and other media ."