

DR. VINUSREE K

Associate Consultant - ENT

Qualification

MBBS | MS(ENT) | DNB(ENT) | MNAMS

Overview

Dr. Vinusree K is an accomplished ENT specialist in Bangalore with a strong clinical background and a passion for patient-centred care. She is currently practising as an Associate Consultant - ENT at Manipal Clinic, Indiranagar, where she brings extensive expertise in otolaryngology and head and neck surgery. With advanced qualifications in ENT, she is well-versed in both basic and complex surgical procedures that cater to a diverse range of ENT disorders. Dr. Vinusree completed her MBBS from Government Medical College, Calicut, and went on to earn an MS in ENT from AIIMS Bhubaneswar. She further enhanced her skills by obtaining a DNB in ENT from the National Board of Examinations and a membership from MNAMS. Her academic training laid a strong foundation for her clinical practice, equipping her with the knowledge and technical proficiency required for state-of-the-art ENT care. Her professional journey is marked by rigorous training and progressive responsibility. In her earlier roles, she gained valuable experience that honed her surgical acumen and patient management skills. Now, at Manipal Hospitals, she specialises in a broad spectrum of ENT procedures. Her technical expertise extends to general otolaryngology, otology, and endoscopic ear surgery, as well as endoscopic sinus surgery and septal correction. In addition, she is proficient in microlaryngeal surgery, head and neck surgery, and surgical management of obstructive sleep apnea. She also performs salivary gland procedures, parotidectomy, neck dissection, and thyroidectomy, ensuring comprehensive care for patients with both routine and complex conditions. Dr. Vinusree is deeply committed to advancing her field through continuous learning and research. Her contributions to medical literature include numerous publications in prestigious journals such as the Indian Journal of Otolaryngology and Head & Neck Surgery, the American Journal of Otolaryngology, BMJ Case Reports, the Journal of Otology, the World Journal of Otorhinolaryngology-Head and Neck Surgery, and The Journal of Laryngology & Otology. Notable research works include studies on endoscopic tympanoplasty, comparative analyses of surgical techniques in head and neck reconstruction, and evaluations of treatment efficacy in COVID-associated mucormycosis. These scholarly contributions have solidified her reputation as a thought leader in her speciality. Dr. Vinusree is an active member of several professional bodies, including the Association of Otolaryngologists of India, the Association of Otolaryngologists of Odisha State, and the National Academy of Medical Sciences, India. Her involvement in these organisations reflects her dedication to both clinical excellence and the advancement of her field. Fluent in English, Hindi, and Malayalam, Dr. Vinusree communicates effectively with a diverse patient population, ensuring that each patient receives individualised and compassionate care. Her commitment to integrating innovative techniques with evidence-based practice makes her a trusted expert in the field of ENT.

Fellowship & Membership

- Life Member; Association of Otolaryngologists of India. (LM 7899).
- Life Member: Association of Otolaryngologists of Odisha State.
- Membership of the National Academy of Medical Sciences India.

Field of Expertise

- General Otolaryngology
- Otology
- Endoscopic ear surgery
- Rhinology
- Endoscopic sinus surgery
- Septal correction
- Micro laryngeal surgery
- Head & Neck Surgery
- Surgery for obstructive sleep apnoea.
- Salivary gland procedures
- Parotidectomy
- Neck Dissection
- Thyroidectomy

Languages Spoken

- English
- Hindi
- Malayalam

Talks & Publications

- Indian Journal of Otolaryngology and Head & Neck Surgery.
- Sep'24 Role of Percutaneous Trans-Tracheal Endoscopic Approach in Managing Thoracic Tracheal Pathologies: A Step Back for Better Outcomes.
- Jul' 24A Double-Anonymised Histopathological Comparative Study of CO2 Laser and Coblation in Head and Neck Surgery.
- Jan'24 Bilateral Karapandzic Flap, a Saviour for Subtotal Lower Lip Reconstruction.
- Sep'23 Endoscopic Tympanoplasty as an Alternative to Microscopic Tympanoplasty: A Comparative Study on Surgical Outcomes and Patient Satisfaction.
- Mar'23 Newborn Hearing Screening with Two-Step Protocol and Risk Factor Identification: Our Experience at a Tertiary Care Centre in Eastern India.
- Dec'22 Blindness Following Endoscopic Excision of Acinic Cell Carcinoma of Sphenoid Sinus: A Case Report.
- Jan'22 An Extensive Sinonasal Rhinoscleroma: A Rare Occurrence.
- Sep'21 Predisposing factors of rhino-orbital-cerebral mucormycosis in patients with COVID-19 infection.
- Aug'21 Inflammatory Myofibroblastic Tumour of the Sinonasal Tract with Orbital and Intracranial Extensions Simulating a Malignancy: A Case Report and Review of Literature.
- Oct'20 Management of Symptomatic Grade 1 and 2 Laryngeal Cleft: Experience of a Tertiary Care Centre and Review of Literature.
- BMJ Case Reports Aug'23 Outcome of cochlear implantation in a case of cochlear aplasia with cochlear nerve deficiency.
- Journal of Otology Aug'23 Comparing the accuracy of cochlear measurements on magnetic resonance imaging and computed tomography: A step towards radiation-free cochlear implantation.
- World Journal of Otorhinolaryngology-Head and Neck Surgery, Jun'23 Endoscopic stapedotomy: A comparison between the conventional approach versus CO2 laser-assisted surgery.
- American Journal of Otolaryngology, Dec'22 To evaluate the efficacy of topical anti-fungal therapy in postoperative cases of COVID Associated Mucormycosis (CAM): A single-blinded randomized control trial.
- The Journal of Laryngology & Otology Jun'22 Decreased mortality in COVID-associated mucormycosis with aspirin use: a retrospective cohort study.

