



DR. HARSHITHA BOYAREDDIGARI

Consultant - Diabetes & Endocrinology

Qualification

MBBS | DNB | DM

Overview

Dr. Suhail S Gaur is a highly experienced and skilled ENT specialist, practising as a Consultant - ENT at Manipal Clinics Jayanagar. With an unwavering dedication to patient care, teaching, and service improvement, Dr. Suhail has carved a reputation for himself as one of the most trusted ENT doctors in Jayanagar. Dr. Gaur completed his MD Physician (equivalent to MBBS) from Lugansk State Medical University, Ukraine, in June 2011. This was followed by a DNB - Otorhinolaryngology from the National Board of Examinations in 2020. He holds a special clinical interest in paediatric airway and swallowing disorders, making him a sought-after specialist for children with complex ENT conditions. Following the completion of his medical degree, Dr. Suhail undertook his internship and training between January 2013 and January 2014, where he gained exposure to a wide spectrum of clinical practices, refining his emergency and acute care skills. His decision to specialise in ENT led him back to Manipal Hospitals, Bangalore, as a postgraduate trainee, completing his programme in 2017. Dr. Suhail Gaur's clinical expertise spans a wide range of diagnostic and surgical procedures, such as paediatric ENT and airway surgeries (tonsillectomy, adenoidectomy, and myringotomy), microscopic ear surgeries (tympanoplasty, mastoid surgery, and stapedectomy), and endoscopic sinus surgeries (septoplasty, functional endoscopic sinus surgery (FESS), turbinoplasty, and lacrimal sac surgery). Dr. Suhail Gaur also provides evaluation and solutions for snoring and sleep apnea, manages voice disorders with laser-assisted microsurgery, and addresses airway and swallowing difficulties across age groups. His expertise extends to ENT emergencies such as tracheostomy, foreign body removal, airway obstruction, nasal bleed, and neck trauma. He is also proficient in reconstructive airway procedures, including tracheal resection and anastomosis. Beyond the operating room, Dr. Suhail actively engages with academic and professional forums. He has attended several prominent national and international conferences, where he has deepened his expertise and contributed to knowledge-sharing. He has also attended workshops in specialised areas such as vertigo management, thyroid disorders, middle ear surgery, and paediatric airway management. Proficient in English, Hindi, and Kannada, Dr. Suhail ensures his patients feel comfortable and well-informed throughout their treatment. With his blend of academic excellence, diverse clinical experience, and passion for advancing ENT care, Dr. Suhail continues to play an instrumental role at Manipal Clinics Jayanagar, where he is regarded as one of the leading ENT surgeons in Jayanagar, Bangalore. His commitment remains focused on improving the lives of his patients through compassionate, evidence-based, and high-quality care.

Field of Expertise

- Diabetes and remission/reversal of diabetes
- Diabetes in young
- Type 1 diabetes

- Obesity
- PCO and disorders of fertility
- Thyroid disorders, thyroid cancers
- Osteoporosis and Disorders of Bone and mineral metabolism
- Short stature and disorders of puberty
- Ambiguous genitalia and Congenital adrenal hyperplasia
- Pituitary Disorders

Languages Spoken

- English
- Telugu
- Tamil
- Kannada
- Hindi

Awards & Achievements

- Intermediate (Std.12) board exam - secured 97.1% and awarded State Merit Scholarship for post-intermediate students for the academic year 2005-06.
- Awarded E. Jayamudhusudhan Reddy Endowment Gold Medal for the best outgoing student of the batch (2005-10) in MBBS.
- Awarded Gold Medal for the best outgoing student by Alluru Audisesha Reddy Revolving Charities for securing distinction in MBBS with an aggregate of 79.2%.
- Awarded Lt.Gen.B.D.Rao PVSM Memorial prize for securing the highest marks in Pathology in the state.
- Awarded certificate of merit & Dr. Swamisaran Memorial Gold Medal for securing the highest marks in ophthalmology.
- Awarded gold medal and certificate of merit for securing the highest score in Microbiology, Forensic medicine, and physiology.
- Won 1st runner-up at TYSA – The Young Scholar Award 2022, Hyderabad held by the Endocrine Society of India.
- Won 2nd runner-up and cash prize at ENDO Master Class organized by CMC, Vellore in April 2022.
- Secured 2nd place in a Quiz competition conducted by the Indian Association of Paediatrics, 2010.
- Presented a poster at the national conference of the Association of Physicians of India in Feb.2015 at Gurgaon.
- Presented poster at national conference ESICON Bangalore 2021 titled - Clinical and hormonal profile of Congenital Adrenal Hyperplasia from a tertiary centre in India.