

DR. ASTHA SHARMA

Consultant - Dermatology

Qualification

MBBS | MD

Overview

Dr. Astha Sharma is a highly regarded Consultant Dermatologist at Manipal Hospitals, Delhi, known for her clinical precision, empathetic approach, and deep-rooted expertise in both medical and cosmetic dermatology. With years of experience and a robust academic background, she has established herself as a trusted name in the field of skin, hair, and nail care. Dr. Sharma completed her MBBS and went on to pursue MD in Dermatology, Venereology, and Leprosy from the prestigious Vardhman Mahavir Medical College and Safdarjung Hospital in New Delhi, one of the leading medical institutions in the country. Her academic journey has shaped a strong foundation in diagnosing and managing a wide spectrum of dermatological conditions, ranging from chronic skin disorders to advanced cosmetic concerns. Her clinical expertise encompasses acne, eczema, psoriasis, fungal infections, vitiligo, hair loss, pigmentation disorders, and nail diseases. She is also skilled in dermatosurgical procedures, laser treatments, chemical peels, and aesthetic solutions such as Botox and fillers. Dr. Astha Sharma strongly believes in evidence-based treatment protocols and tailors her approach according to each patient's unique skin type, lifestyle, and medical history. Known for her compassionate patient care and ability to explain complex skin conditions in simple terms, Dr. Sharma helps patients make informed decisions about their treatment plans. Her approach is rooted in long-term skin health, aiming not just for temporary relief but lasting solutions. Apart from clinical practice, Dr. Sharma has participated in various national and international dermatology conferences and workshops, keeping herself up to date with the latest innovations in skin science and cosmetology. Whether you are dealing with a stubborn skin condition or seeking aesthetic enhancement, Dr. Astha Sharma offers a balanced blend of science and care, making her one of the top choices for dermatological care in Delhi.

Fellowship & Membership

- IADVL training fellowship in aesthetics and lasers at ARV Aesthetics, Gurgaon.

Field of Expertise

- Clinical Dermatology
- Lasers

Languages Spoken

- Hindi

- English

Awards & Achievements

- 2nd prize in the state-level quiz in Dermazone West 2015.
- 2nd prize in a paper competition in Rajasthan Cuticon 2018.

Talks & Publications

- Faculty in aesthetics in 2020 (LHR the ever-changing scenario with live demonstration).
- Mittal A, Sharma A. Development of B cell lymphoma in a patient of psoriasis treated with long term, low dose, intermittent methotrexate therapy. Interesting Cases in Dermatology: Vol 3 IJCP Publication.
- Mittal A, Sharma A, Gupta K, Gupta LK, Khare AK. A hairy plaque over the upper back in a young child. Indian J Dermatol 2017;62:223-5.
- Sharma A, Gupta LK, Balai M, Khare AK. Lipoid proteinosis: A series of three cases. Indian J Paediatr Dermatol 2018;19:170-2.
- Sharma A. Capecitabine Induced Hand-Foot Syndrome. Indian Journal of Clinical Dermatology 2018;1:89-90.
- Sharma A, Khare AK, Gupta LK, Mittal A, Mehta S, Balai M. A clinicoepidemiological study of patients with lichen planus and associated metabolic complications at a tertiary care centre. Our Dermatol Online. 2021;12(e):e6.
- Ganjoo A, Sharma A. Reactive arthritis. Postgraduate dermatology: Vol2. Chapter 133.