

DR. SUMAN LATA

HOD & Consultant - Nephrology and Kidney Transplant

Qualification

MBBS - Pt.B.D.Sharma PGIMS Rohtak, Haryana | MD (Internal Medicine), Pt.B.D.Sharma PGIMS Rohtak, Haryana | DM (Nephrology), AIIMS, New Delhi

Overview

Dr. Suman Lata is a nationally and internationally trained nephrologist having more than 15 years of experience in practice. She has done her DM Nephrology training from AIIMS, New Delhi. She was also awarded an ISN fellowship from one of the leading transplant centres in London, United Kingdom. She established the Department of Nephrology & Renal Transplantation at the Institute of Liver and Biliary Sciences an autonomous institute under the Government of Delhi. The renal unit was subsequently considered a leading centre of excellence for holistic Nephrology care in the region. Dr. Suman was also part of many research projects in the field of renal problems associated with Liver diseases. She was also instrumental in starting the DNB Nephrology training program at the Institute. She joined as Director of Nephrology and Kidney Transplant at Narayana Superspeciality Hospital Gurugram and Dharamshala Superspeciality Hospital, New Delhi in 2017. She was also instrumental in starting a Nephrology and kidney transplant program at both centres. Dr. Suman started the DNB Nephrology program at Dharamshila Narayana Superspeciality Hospital. She worked as Director of Nephrology & Kidney Transplant at Fortis Hospital Vasant Kunj and Fortis Shalimar Bagh from July 2022 - March 2024. Dr. Suman has attended more than fifty national and international conferences and has been a part of many seminars, CMEs and symposiums as chairperson/speaker. She regularly takes public lectures and organizes public awareness programs. Dr. Suman believes in patient's rights and ensures that her patients are aware of every aspect of the treatment/procedure. She educates and counsels them so that they can make an informed decision. Her passionate conduct, sincerity and professionalism make her one of the most reputed kidney specialist doctors in Delhi.

Fellowship & Membership

- International Fellowship certificate in renal transplant - St George's Healthcare NHS Trust, London - 2011.
- FISN (Fellowship of Indian Society of Nephrology) - 2019.

Field of Expertise

- Kidney Disease Related to Diabetes, Hypertension, Autoimmune diseases (e.g. SLE) etc.
- Management of Chronic Kidney Disease (CKD), Prevention and Treatment
- Treatment of Uncontrolled Hypertension (Resistant Hypertension)
- Nephrotic Syndrome
- Dialysis: Hemodialysis, Peritoneal Dialysis, CRRT, SLED
- Vascular Access: Temporary & Permanent Dialysis Catheter insertion
- Kidney Transplantation: Including ABO Incompatible Kidney transplants

- Critical Care Nephrology
- Kidney diseases in Liver disease

Languages Spoken

- English
- Hindi
- Oriya
- English

Awards & Achievements

- Best poster at ISNCON - 2010.
- International society of Nephrology certificate - 2011.
- Distinction in Nephropathology course (ISN-ANIO).
- IInd prize in oral presentation at AVATAR 2017.
- II nd prize in case presentation at North zone.
- Awarded ISN fellowship award - 2019.
- Ist prize in DNS 2022 community education video competition.
- Felicitated by senior citizen welfare forum on International women's day, Vasundhara enclave - 2022.

Talks & Publications

- Vascular access monitoring and intervention at 4th Congress of International Society for hemodialysis in New Delhi, INDIA.
- A case presentation on Jaundice with AKI at Delhi Nephrology Meet.
- Acute Renal failure and dialysis in sepsis critically sick patients at ILBS.
- Renal replacement therapy in Acute on chronic liver failure at ILBS.
- Nutritional assessment and management of critically sick patients on dialysis at ILBS.
- APASL-ACLF 2nd consensus conference DHAKA 2012 - Liver dialysis.
- APASL -ACLF 3rd (AARC) consensus meeting 2014 - Histopathology of AKI in ACLF 8. APASL -ACLF 3rd (AARC) consensus meeting 2014- Management of AKI in ACLF and role of RRT.
- Lecture on kidney transplant on the occasion of World Kidney Day at RML Hospital Delhi on 12.03.2015.
- Public Lecture " Diabetes and kidneys" on 5th April at Gurgaon 2015.
- A talk on HRS -Nephrologist perspective at DNS update on 12th April 2015.
- A talk on Strategies to maximize ultrafiltration in PD at AIIMS PD College 2015.
- A talk on HT- When to seek referral to a Nephrologist? at EXIOMM 2015.
- A talk on Nephrotic syndrome at the IMA Nephrology and Renal Transplant Symposium on 20th September 2015.
- A talk on the Management of HCV in post Renal transplant patients at APASL on 20th December 2015.
- Case presentation on HCV and glomerular disease at DNS annual update.
- DAA in HCV on RRT at ISNCON 2016.
- Trancrit 2016 - Post LT renal dysfunction.
- Bile cast Nephropathy - Invited lecture at Rostock Germany on 9.09.2017.
- CMC symposium 2018 - AKI in acute /CLD and post-liver Transplant setting: what we do and how we do it?
- INASL-ISN task force invited faculty on 20-21 October 201.
- Poster presentation at ERA-EDTA Congress DGfN Munich Germany June 2010, Spectrum of bone diseases in chronic Kidney disease patients on regular hemodialysis as assessed by histomorphometry A Study from a tertiary care centre in India.
- Oral presentation at ISNCON 2010 Kerala India December 2010, Bone mineral density in patients of end-stage renal disease (ESRD) on maintenance hemodialysis as compared to healthy age and sex-matched controls.

- Poster presentation at ISNCON 2010 Kerala India December 2010, Spectrum of bone diseases in chronic Kidney disease patients on regular hemodialysis as assessed by histomorphometry A Study from a tertiary care centre in India.
- Poster presentation at ISNCON 2010 Kerala India December 2010, Spectrum of AKI (Acute Kidney Injury) in chronic liver disease patient at tertiary care hospital: A Cross-sectional Study.
- Poster presentation at EASL 2014 Determinants of rate of rise of serum sodium among critically ill cirrhotic patients with lactulose induced hyponatremia – A retrospective study.
- E- Poster presentation at AASLD 2014 Bile pigment nephropathy and acute tubular necrosis in decompensated cirrhotics and acute on chronic liver failure.
- E- Poster presentation at AASLD 2014 Hypercalcemia: A complication and predictor of mortality among patients with severe liver dysfunction.
- E- Poster accepted at ASN 2014 Glomerular and interstitial findings in Liver Cirrhosis.
- Oral presentation at APASL 2015- Safety and efficacy of Sofosbuvir and Ribavirin based antiviral regimen for treating Hepatitis C in patients of chronic kidney disease on dialysis- A prospective study.
- E- Poster presentation at EASL 2015 Outcomes and predictors of survival in patients with Acute-on-chronic liver failure and superimposed acute kidney injury requiring dialysis.