

DR. HARSHIT MALHOTRA

Associate Consultant - Vascular and Endovascular Surgery

Qualification

MBBS (Gold Medalist) | DNB (General Surgery) | DrNB (Vascular and Endovascular Surgery)

Overview

The best vascular surgeon in Delhi, Dr. Harshit Malhotra is passionate about helping his patients achieve optimal health and wellness. With years of experience in the field, he has honed his skills in diagnosing and treating various vascular conditions. He is dedicated to providing personalized care to every patient and strives to make a positive impact on their lives. His commitment to excellence has earned him numerous recognitions, and he is always seeking new ways to improve his skills and practice. Dr. Harshit Malhotra is a Vascular & Endovascular Surgeon with extensive clinical expertise in managing Arterial, Venous and Lymphatic diseases. He specializes in managing Peripheral Arterial Diseases involving Acute or Chronic presentations; Arterial Aneurysms including Aortic Aneurysms, Peripheral Arterial Aneurysms; Atherosclerotic Occlusive Diseases of the Aorta, its Visceral branches, and Peripheral Arteries; Varicose Veins involving Advanced Minimal Invasive procedures and Open Surgeries, Vascular malformations, Dialysis Access Procedures for both short and long term dialysis maintenance like AV Fistula Creation, AV Graft procedures, Transpositions, Dialysis Catheter and Permcath Insertion; Venous Thromboembolism and Deep Vein Thrombosis; Stroke Prevention procedures like Carotid Endarterectomy/Stenting; Diabetic Foot Wounds; Vascular Access Procedures and Vascular Trauma. He completed his MBBS from Jawahar Lal Nehru Medical College, Belagavi, Karnataka in 2016 and was awarded the prestigious GOLD MEDAL in GENERAL SURGERY. He did his internship at top Hospital, New Delhi. He completed his DNB - General Surgery in 2020. He pursued superspecialisation in Vascular and Endovascular Surgery from Medanta - The Medicity, Gurugram, Haryana and completed his DrNB Degree in 2024.

Fellowship & Membership

- Vascular Society of India.

Field of Expertise

- Management of Peripheral Arterial Disease (Acute & Chronic limb Ischemia) – Open Surgery (Thrombo-Endarterectomy and Embolectomy) or Endovascular Techniques (Angiography/Angioplasty/Stenting/Thromboaspiration/Thrombolysis)
- Arterial Bypass Procedures (Femoro-popliteal, Femoro-distal, Aorto Bi-Femoral) using Autologous Vein / Synthetic Grafts
- Varicose Veins Management - Minimal Invasive Techniques (Endovenous Laser/Radiofrequency/Glue ablation using Venaseal), Sclerotherapy and Open Surgery
- Venous Thromboembolism Management (Deep Vein Thrombosis/Pulmonary Embolism) - Catheter-directed Directed Thrombolysis/Thromboaspiration/Stenting/ IVC Filter Insertion & Removal
- Diabetic Foot Management - Chronic Wound Management, Endovascular Interventions and Open Surgery for

- foot salvage
- Vascular Access Creation and Salvage for Dialysis in Chronic Kidney Disease - AV fistulas, AV grafts, Basilic Vein Transposition, Tunnelled catheters (permcaths) & Management of their complications (Fistuloplasty/Central Venoplasty/Stenting)
- Ultrasound and Fluoroscopy Guided placement of Vascular Access Chemoport, Dialysis Catheter, Permcath, PICC line and Hickman's line
- Aortic Aneurysms Management- Thoracic and Abdominal Aortic Endovascular (TEVAR) (EVAR) and Open Repair
- Emergency/Routine Management of Arterial Dissections including Thoracic and Abdominal Aortic Dissections
- Vascular Trauma Management - Open Surgical / Endovascular Repair of Arteries and Veins
- Management of Peripheral and Central Venous Occlusions- Balloon Angioplasty / Stenting
- Management and Prevention of Stroke - Carotid Endarterectomy/Stenting
- Angioembolisation for Management of Congenital Arterio-Venous Malformations/Vascularized or Bleeding Tumors
- Complex Endovascular Procedures
- Hybrid Procedures - Combining Open and Endovascular Surgical Procedures
- Cervical Rib Excision for Thoracic Outlet Syndrome
- Uterine Artery Embolization for Uterine Fibroids
- Mesenteric Artery Angioplasty/Stenting
- Lymphedema management

Languages Spoken

- English
- Hindi
- Punjabi

Awards & Achievements

- Awarded GOLD MEDAL in General Surgery (2016, MBBS) (Late Smt. Shibagangamma Godhi Gold Medal).

Talks & Publications

- An Observational Study to Evaluate Clinical Outcomes and Effectiveness of Thromboaspiration for Acute Thrombotic Occlusion of Limb Vessels. – Research Thesis.
- Presentation: Midterm Vascular Surgery Conference 2021, Goa.
- Participated as a Part of Organizing Committee Wounds 2020 Conference, Delhi.
- Participated as a Part of Organizing Committee Cidaap-2021, 2022 Conference, Gurugram.
- Vascular Experts Join the Medical Team of Manipal Hospitals, Gurugram to Treat Problems Affecting Blood Vessels | APN News. [Click Here](#)