

DR. MEENU GREWAL

Consultant - Neonatologist

Qualification

MBBS | MD (Paediatrics) | DM (Neonatology)

Overview

Dr. Meenu Grewal is a highly skilled neonatologist in Delhi. She holds immense experience, nearly a decade in the field of Neonatology. Dr. Meenu pursued her MBBS from Maharashtra, then did an MD in Paediatrics from the Seth GS Medical College in Mumbai. She finished her super speciality at the prestigious and leading college, Maulana Azad Medical College, in New Delhi. Dr. Meenu has been previously associated as a senior consultant at ESI and Neonest Hospital, Delhi. Her field of expertise includes extremely preterm (< 28 weeks), ELBW (<1 kg), ventilated, post-surgical and anomalous babies. Monitoring long-term follow-up and growth assessment is routinely done by her in OPD. She participates in all the national and international conferences to update herself with recent and advanced skills. Dr. Meenu is actively involved in teaching NRP across various hospitals. She has good communication skills, which help ease the anxiety and stress of sick babies' parents and also boosts their confidence to take care of preterm babies later at home. Her commitment to saving small and sick babies is unwavering. Dr. Meenu formulates and executes individualised treatment plans, including medication management, nutritional support, and surgical coordination. She works closely with obstetricians during antenatal counselling and delivery care. In addition to this, she also coordinates care alongside NICU teams, nurses, respiratory therapists, surgeons, neurologists, cardiologists, and pharmacists. Dr. Meenu ensures compliance with regulatory standards and participates in NICU safety initiatives. Being an expert and experienced neonatologist in Delhi, she plays a pivotal role in shaping outcomes for the most vulnerable newborns by integrating high-level medical expertise, procedural mastery, empathetic care, and collaborative leadership in our dynamic clinical facility. The positive reviews she has garnered over the years are a testament to the great work she is doing.

Fellowship & Membership

- Pediatric dermatology 2023: IAP
- AAC (Advance Asthma Course): 2024, IAP

Field of Expertise

- Extremely preterm (
- ELBW (