

DR. HAMZA SHAIKH

Consultant- Spine Surgery

Qualification

MBBS | D'Ortho | DNB [Ortho] | FNB Spine Surgery

Overview

Dr. Hamza Shaikh is a highly qualified and experienced Consultant in Spine Surgery at Manipal Hospitals, Dwarka, New Delhi. Recognized as one of the best spine specialists in Delhi, Dr. Shaikh has a robust academic background and extensive clinical experience. He completed his MBBS, D'Ortho, and DNB (Ortho) and further specialized with an FNB in Spine Surgery. His training includes a significant tenure at Manipal Hospital, Bangalore, where he performed and assisted in over 1500 successful spine surgeries. Dr. Shaikh's expertise encompasses a wide range of spinal conditions and treatments. He specializes in both surgical and non-surgical management of spinal disorders, including disc surgery, spinal fusions, and minimally invasive spine surgeries. His proficiency extends to treating degenerative spine diseases, spinal trauma, spinal infections, spinal deformities such as scoliosis and kyphosis, and spinal tumours. Dr. Shaikh is also skilled in advanced techniques like microscopic/endoscopic discectomy, posterior and transforaminal lumbar interbody fusion (PLIF/TLIF), and artificial disc replacement, making him the best spine doctor in Delhi to consult for spine problems. In addition to his clinical practice, Dr. Shaikh is actively involved in research and has contributed to numerous peer-reviewed publications and presentations. His work includes studies on lumbar disc herniation, spinal infections, and innovative surgical techniques. He has presented his findings at various national and international conferences, further establishing his reputation in the field of spine surgery. Dr. Shaikh is a member of several prestigious professional organizations, including the Association of Spine Surgeons of India (ASSI), the Asia Pacific Spine Society, and the Indian Orthopaedic Association. His commitment to continuous learning and professional development ensures that he stays at the forefront of advancements in spine surgery. For those seeking the best spine treatment in Delhi, Dr. Hamza Shaikh's extensive knowledge, experience, and patient-focused approach make him an excellent choice. Located at Manipal Hospitals in Dwarka, New Delhi, Dr. Shaikh provides top-notch spine care to patients from Delhi and surrounding areas, including Rohtak, Najafgarh, Palam, Janakpuri, Subhash Nagar, and Paschim Vihar. His practice is equipped with state-of-the-art facilities, ensuring that patients receive the highest standard of care. For those experiencing back pain or other spine-related issues, consulting with Dr. Hamza Shaikh, one of the best spine surgeons in Delhi, can be a life-changing decision.

Fellowship & Membership

- AO Spine Member
- Lifetime member of Association of Spine Surgeons of India (ASSI)
- Member of Asia Pacific Spine Society
- ISKSAA Member
- ISKSAA Travelling Fellowship in Arthroscopy & Arthroplasty

Field of Expertise

- Surgical and Non-Surgical treatment of spinal disorders including disc surgery and spinal fusions at all levels of the spine from the neck to the lower back.
- Various injection techniques in the spinal disorders
- Microscopic/ endoscopic discectomy
- Minimally Invasive Spinal Stabilization
- Posterior and Transforaminal Lumbar Interbody Fusion (PLIF / TLIF)
- Artificial Disc Replacement
- Osteoporotic Spine fracture management: Non-Surgical and Surgical(Balloon Kyphoplasty and Vertebroplasty)
- Spine Trauma
- Spinal Tumour surgery
- Scoliosis and kyphosis deformity correction surgery.
- Growth rod and growth guidance techniques for early onset scoliosis
- Degenerative Spine disorders
- Occipito-cervical spine surgeries
- Radiofrequency Ablation, spinal cord stimulator, baclofen or morphine pump application for managing chronic back pain

Languages Spoken

- English
- Hindi

Talks & Publications

- Kishen TJ, Shaikh H. Lumbar disc herniation in adolescents. In: Zaveri G, Mulukutla RD. Lumbar Disc Herniation (ASSI monogram).1st ed. India: Thieme Medical Publishers;2018.p.144-6.
- Peer-Reviewed Publications: Spine
- Shaikh H, Kishen TJ. Achromobacter spondylodiscitis: A case report and review of literature. Indian Spine J [serial online] 2018 [cited 2018 Nov 28];1:144-7.
- Peer-Reviewed Publications: Non-Spine
- Shaikh H, Punia S. Floating Elbow In Children: Review Of Its Incidence And Outcome Of Operative Management. Imperial Journal of Interdisciplinary Research. 2016 Aug 1;2(9).
- A rare presentation of spinal arachnoid cyst as a mediastinal tumour(dumbbell tumour)- A case report and review of literature.
- Can early administration of a selective nerve root block (SNRB) alter the natural history of lumbar disc herniation with radiculopathy?
- En-bloc resection of chest wall chondrosarcoma abutting the thoracic spine by simultaneous single stage anterior and posterior approach-A case report and surgical technique overview.
- Paper presentation: Early onset Scoliosis and role of growth guidance system. BOA. Bangalore. Karnataka. Feb 2018
- Paper presentation: "Can early administration of tranforaminal steroid injection alter the natural history of lumbar disc herniation with radiculopathy." 43rd annual conference of Karnataka association of Orthopaedic Surgeons (KAOCON) Bangalore, Karnataka.1-3 feb 2019.
- Paper presentation: "The Shilla growth guidance technique for the management of early onset scoliosis." 43rd annual conference of Karnataka association of Orthopaedic Surgeons(KAOCON) Bangalore, Karnataka.1-3 feb 2019
- Paper Presentation: Can early administration of transforaminal steroid injection alter the natural history of lumbar disc herniation with radiculopathy? BOSCON 2019, Bangalore, Karnataka.
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