

DR. RAJINDER SINGH GAHEER

Senior Consultant - Orthopaedics

Qualification

MBBS | MS (Orthopaedic) | MCh (Orthopaedic) | Diploma Sports Medicine (UK)

Overview

Dr. Rajinder Singh Gaheer is a distinguished orthopaedic surgeon at Manipal Hospitals Dhakuria, Kolkata, with 27 years of experience in the field. Having earned his MBBS from Calcutta Medical College, and his MS in Orthopaedics from the same institute, Dr. Gaheer furthered his training at esteemed centres of excellence in the United Kingdom. He spent nearly fifteen years working in the National Health Service (NHS), UK, where he refined his skills and gained invaluable experience. Renowned for his expertise in performing Hip and Knee Total Joint Replacements, Dr. Gaheer is highly regarded for his surgical skills and compassionate patient care. He is dedicated to providing comprehensive orthopaedic care, ensuring optimal outcomes for his patients. His practice also encompasses Arthroscopic Surgeries of shoulder joints, along with the treatment of complex fractures and trauma cases. Dr. Gaheer pursued an Arthroplasty fellowship at the Golden Jubilee National Hospital in Glasgow, focusing extensively on Hip and Knee Replacements, including Revision Arthroplasties. His tenure as a consultant in the NHS, UK, further enriched his clinical acumen and surgical proficiency. With an outstanding array of academic achievements, Dr. Gaheer has made significant contributions to the field of Orthopaedics. He has published extensively in international journals, served as faculty for prestigious AO courses, and participated in various Arthroscopy and Arthroplasty courses. Additionally, he holds positions on the editorial boards of several esteemed journals, reflecting his commitment to advancing knowledge and innovation in Orthopaedic Surgery. Dr. Gaheer is affiliated with the Indian Orthopaedic Association (IOA), the Indian Arthroplasty Association (IAA), and the Indian Arthroscopy Association (IAA), further solidifying his standing within the orthopaedic community. Dr. Gaheer's language proficiency extends across English, Bengali, Punjabi, and Hindi, enabling him to effectively engage with a broad spectrum of patients. This linguistic versatility ensures that communication is not a barrier, enabling him to give his patients world-class care and treatment at Manipal Hospitals, Dhakuria.

Fellowship & Membership

- Fellow of the Royal College of Surgeons of Edinburgh (Orthopaedics)
- Member of Royal College of Physicians and Surgeons, Glasgow
- Member of Royal College of Surgeons, Edinburgh

Field of Expertise

- Specialising in performing hip and knee joint replacements, including complex Revision Arthroplasties, ensures precise surgical techniques and optimal patient outcomes in restoring mobility and functionality.
- Skilled in treating a wide range of sports-related injuries, they create personalised treatment plans to promote optimal healing and recovery.
- An expert in performing Arthroscopic procedures on the hip, knee, and shoulder joints, the surgeon employs

minimally invasive techniques to diagnose and treat injuries effectively.

- Experienced in the comprehensive management of fractures and complex trauma cases, they also treat periarticular fractures and pelvi-acetabular trauma, employing advanced surgical techniques.

Languages Spoken

- English
- Bengali
- Hindi
- Punjabi
- French

Awards & Achievements

- Honours and Gold Medals in MBBS Examinations.
- Topped the University MS Orthopaedic Examinations.
- University of Calcutta Gold Medal for MS Orthopaedic Examinations.
- Represented State at the National Orthopaedic Quiz, 2002
- Won State Orthopaedic Quiz, 2001
- Best Paper award at the State Annual Orthopaedic Conference (Siliguri Award), 2001

Talks & Publications

- R. S. Gaheer, K. Chirputkar, M. Sarungi. Spontaneous resolution of superior medial geniculate artery pseudoaneurysm following total knee arthroplasty. *Knee* 2014 Mar;21(2):586-588
- V-L. Soon, K. Chirputkar, R.S. Gaheer, N. Corrigan, F. Picard. The Berger Protocol for assessing component malrotation in total knee arthroplasty: analysis of 69 cases. *Bone Joint J.* 2013; Vol. 95B, Issue SUPP 31, 62
- R. S. Gaheer, R. D. Ferdinand. Fracture Dislocation of Carpometacarpal Joints: A missed injury. *Orthopaedics* 2011 May;34(5):114-6
- R. S. Gaheer, S. Bell, J. Dillon, R. D. Ferdinand. Memory compression staples for fusion of small joints of the foot. *Journal of Bone and Joint Surgery – Br. Orthopaedic proceedings.* 2011; Vol 93-B, Issue SUPP_I, 64
- R. S. Gaheer, M. Rysavy, V. Havlas. Fixation of three- and four-part proximal humerus fractures using the PHILOS plate: early experience. *Journal of Bone and Joint Surgery – Br. Orthopaedic proceedings.* 2011; Vol 93-B, Issue SUPP_I, 64
- R. S. Gaheer, A. Hawkins. Fixation of 3- and 4-part proximal humerus fractures using the PHILOS plate: mid-term results. *Orthopedics* 2010 Sep;33(9):671
- R. S. Gaheer, A. Hawkins. Rapid recovery from spontaneous and simultaneous bilateral quadriceps tendon rupture in an active, healthy individual. *Orthopedics* 2010 July;33(7):512
- R. S. Gaheer, S. Kapoor, M. Rysavy. Contemporary management of symptomatic bipartite patella – CME Article. *Orthopedics* 2009 Nov;32(11):843-49
- R. S. Gaheer, M. Rysavy, M. Al-Khayarin, K. Kumar. Femoral artery intimal injury following open reduction of an acetabular fracture. *Orthopedics* 2009 Mar;32(3):212
- R. S. Gaheer, A. Ratnam. Use of Silicone sheath in treatment of recurrent Carpal Tunnel Syndrome. *Journal of Bone and Joint Surgery – Br. Orthopaedic proceedings.* 2009; Vol 91-B, Issue SUPP_I, 14.
- V. Havlas, T. Trc, R. S. Gaheer, A. Schejbalova. Manipulation of paediatric supracondylar fractures of humerus in prone position under GA. *Journal of Paediatric Orthopaedics* 2008 Sep;28(6):660-4.
- R. K. Thomas, R. S. Gaheer, R. D. Ferdinand. A simple external fixator for complex finger fractures. *Acta Orthop Belg.* 2008 Feb;74(1):109-13
- V. Havlas, R. S. Gaheer, T. Trc, F. Anwar. Simultaneous bilateral avulsion fracture of the anterior superior iliac spine in a young athlete. *Injury Extra* 2007;38:352-355
- B. George, R. S. Gaheer, A. Ratnam. Spontaneous femoral neck fracture after removal of dynamic hip screw. *J.*

- Orthopaedics. 2007;4(1)e14
- F. Anwar, R. S. Gaheer, E. Fopma. Bilateral hip septic arthritis. J. Orthopaedics. 2007;4(2)e14
 - R. S. Gaheer, J. McKenzie, M. Paterson. Sudden onset footdrop from peroneal ganglion. J. Orthopaedics. 2006;3(4)e20
 - T. Al Khayer, A. Al Khayer, R. S. Gaheer, N. Sawant, M. Paterson. Fractured neck of femur: the effect of age and operative delay on the in hospital mortality and the length of stay. Journal of Bone and Joint Surgery – Br. Orthopaedic proceedings. 2006; Vol 88-B, Issue SUPP_I, 42.
 - R. S. Gaheer, J. Chakraborty, K. Chakrabarti. Reconstructive Procedures in Giant Cell Tumors at Different Sites. MS Orthopaedics Thesis. University College of Medicine, University of Calcutta.