

## DR. RITU DAS

Consultant - Obstetrics and Gynaecology

### Qualification

MBBS | DNB (Obstetrics and Gynaecology)

### Overview

Dr. Ritu Das is an experienced consultant in the Department of Obstetrics and Gynaecology at Manipal Hospitals, Dhakuria, with over 24 years of expertise in women's health. She completed her Bachelor of Medicine and Bachelor of Surgery (MBBS) from Calcutta National Medical College under Calcutta University. She later obtained a Diplomate of National Board (DNB) in Obstetrics and Gynaecology from Calcutta Medical Research Institute. Since 2008, Dr. Das has worked across several reputed corporate hospitals, where she has developed deep expertise in high-risk obstetric care. She specialises in managing complex pregnancies involving medical conditions, such as hypertension, diabetes, and multiple gestations. Her areas of clinical focus also include antenatal care, subfertility, teenage gynaecological issues, and menopausal health. Dr. Das is proficient in performing minimally invasive procedures such as Laparoscopy and Hysteroscopy for diagnosing and treating a range of gynaecological conditions. She has received specialised training in Endo Suturing from CeMast, Mumbai, further enhancing her surgical skills. Her commitment to advancing gynaecological care is reflected in her academic contributions, including a published research paper in the Indian Journal of Perinatology and Reproductive Biology. Dr. Das is fluent in English, Hindi, and Bengali, enabling her to communicate effectively with a diverse patient population and build trust through compassionate, personalised care.

### Fellowship & Membership

- Specialising in high-risk obstetrics cases, providing comprehensive care for pregnant women with medical complications such as hypertension, diabetes, and multiple gestations.
- Skilled in conducting Laparoscopy and Hysteroscopy procedures, utilising minimally invasive techniques for diagnosing.
- Expertise in managing a wide range of obstetric and gynaecological cases, including subfertility, teenage gynaecological issues, menopausal symptoms, and antenatal care.

### Field of Expertise

- Specialises in managing high-risk obstetric cases for women with complications like hypertension, diabetes, and multiple pregnancies.
- Skilled in Laparoscopy and Hysteroscopy procedures for accurate diagnosis and minimally invasive treatment.
- Proficient in addressing infertility, adolescent gynaecological concerns, menopausal health, and providing comprehensive antenatal care.

## Languages Spoken

- English
- Hindi
- Bengali

## Talks & Publications

- The Effect of Intravenous Iron Sucrose Complex in Anaemic Women During Post-Caesarean Period – Indian Journal of Perinatology and Reproductive Biology.