

DR. SITANSU SEKHAR NANDI

Consultant Neurology Specialist

Qualification

MBBS | MD (Medicine) | DM (Neurology)

Overview

Dr. Sitansu Sekhar Nandi is the best Neurologist in Kolkata, India working at Manipal Hospitals, Dhakuria, with an impressive career spanning over 34 years. He pursued his MBBS from R.G. Kar Medical College, followed by an MD in Medicine from PGIMER, Chandigarh, and a DM in Neurology from NIMHANS, Bangalore. His training includes an intermediate course in neurology from the National Hospital for Neurology and Neurosurgery, University of London. Dr. Nandi's expertise lies in stroke management, and Botox treatment for conditions such as dystonias, blepharospasm, hemifacial spasms, and post-stroke spasticity. With a special interest in headache management, movement disorders, and white matter diseases like multiple sclerosis, Dr. Nandi has successfully managed a large number of stroke patients. His dedication to his field is also evident in his contributions to medical education, having trained DNB postgraduate students in neurology, medicine, and family medicine. He has also served as a thesis guide for DNB neurology postgraduates. Dr. Nandi's professional affiliations are extensive, including membership in various prestigious organisations across India. His contributions to national journals and frequent invitations as a guest speaker at scientific meetings and conferences underscore his recognition in the medical community. Dr. Nandi's patients, colleagues, students, nursing staff, paramedical staff, and administration hold him in high regard, appreciating his expertise, dedication, and compassionate care. His availability for consultation, coupled with his vast experience and specialised knowledge, makes him one of the most renowned neurologists in Kolkata. Dr. Nandi's dedication to neurology, extensive experience, and contributions to both clinical practice and medical education have made him a distinguished figure in his field, striving to enhance the quality of life of his patients.

Fellowship & Membership

- Neurological Society of India
- Indian Academy of Neurology
- American Academy of Neurology
- Association of Neurologists of Eastern India
- Indian Epilepsy Association
- Indian Stroke Association
- Alzheimer's and Related Disorders Society of India (ARDSI)
- Indian Medical Association
- Association of Physicians of India
- Critical Care Society of India

Field of Expertise

- Specialises in stroke management, including rapid and effective treatment of acute stroke by following a JCI-

approved stroke management protocol to enhance patient outcomes.

- Proficient in diagnosing and treating epilepsy, have extensive experience managing complex neurological conditions in critically ill patients, and provide comprehensive care in intensive care settings.
- Specialises in Botox treatment for patients with dystonias, blepharospasm, hemifacial spasms, and post-stroke spasticity, offering relief from these debilitating conditions.
- Demonstrates interest in managing movement disorders, including conditions like Parkinson's disease and essential tremors.
- Skilled in treating and managing various other neurological conditions like white matter diseases (multiple sclerosis) and headache disorders like migraine and chronic headaches.

Languages Spoken

- English
- Bengali
- Hindi

Talks & Publications

- Few publications in national and international journals