



DR. ABHIJIT BHOGRAJ

Consultant - Endocrinologist Diabetes and Thyroid

Qualification

MD Internal Medicine | DM Endocrinology

Field of Expertise

- Diabetes
- Thyroid

Languages Spoken

- Kannada
- English
- Telugu
- Hindi
- Tamil
- Malayalam

Awards & Achievements

- ET Doctors Day Inspiring Endocrinologist Award.

Talks & Publications

- Faculty Speaker For national and International forums over 10 publications.
- Now, doctors see post-COVID hypoglycaemia among patients - Dr. Abhijit Bhograj, Consultant Endocrinology, Manipal Hospital Hebbal; Dr. Sharda A, Consultant Endocrinologist, Manipal Hospital Millers Road. [Click Here](#)
- Who should not fast? By Dr. Abhijit Bhograj, Consultant Endocrinologist, Manipal Hospital Hebbal, Bengaluru. [Click Here](#)
- What a happy heart? Have these 6Ss in control Sleep, Stress, Smoking, Spirit, Salt, and Sugar - Dr. Abhijit Bhograj, Consultant Endocrinology, Manipal Hospital Hebbal. [Click Here](#)
- Dr. Abhijit Bhograj on "Eat Smart, Control Diabetes" in THE WEEK. [Click Here](#)

- Dr. Abhijit Bhograj on Walk for 3 minutes, sit for 30: Why this New Intermittent Activity Plan can Control Blood Sugar Levels | The Indian Express. [Click Here](#)
- Dr. Abhijit Bhograj on Lean Diabetes: Obesity is not the only cause of diabetes, even lean people are at risk. [Click Here](#)
- Dr. Abhijit Bhograj on What happens to the body when you give up sugar for a month? | MSN | Tittle Press. [Click Here](#)
- Manipal Hospitals Hebbal: Dr. Abhijit Bhograj on Can Type-2 Diabetes Cause Altered Brain Structure? Doctor Shares Risks and Management Tips | Only My Health. [Click Here](#)
- Manipal Hospitals Hebbal: Dr. Abhijit Bhograj on How to manage diabetes during the monsoon? Here are some easy tips | Daily Hunt. [Click Here](#)
- Manipal Hospitals Hebbal: Dr. Abhijeet Bhograj on Onam sweets: What are dos and don'ts to keep your blood sugar levels in check | The Indian Express. [Click Here](#)
- Manipal Hospitals Hebbal: Dr. Abhijit Bhograj on Managing diabetes in men: Tips for fathers | The Times of India. [Click Here](#)