

## DR. SK HAMMADUR RAHAMAN

Diabetes & Endocrinology - Consultant

### Qualification

MBBS | MD General Medicine | DM Endo

### Overview

Dr. Sk Hammadur Rahaman is a Consultant in the Department of Diabetes & Endocrinology at Manipal Hospitals, E.M. Bypass, Kolkata, with over a decade of expertise in managing complex endocrine disorders. A Gold Medalist from AIIMS, he holds an MBBS (2008), an MD in General Medicine (2012), and a DM in Endocrinology (2017), making him one of Kolkata's most trusted endocrinologists. Dr. Rahaman specialises in diagnosing and treating a wide spectrum of endocrine conditions, including diabetes management, thyroid disorders, hormonal imbalances, and menopausal hormone therapy. His patient-centric approach ensures personalised treatment plans tailored to individual health needs. As a leading diabetologist, he is proficient in advanced diabetes control techniques, offering specialised care to prevent complications and enhance the quality of life for diabetic patients. Additionally, he provides expert guidance on diet counselling and metabolic disorders treatment. He is the best Endocrinology & Diabetology Doctor in EM Bypass, Kolkata. Dr. Rahaman is an esteemed lifetime member of the Endocrine Society of India, the Indian Thyroid Society, the Endocrine Society, and the Research Society for the Study of Diabetes in India (RSSDI). His commitment to evidence-based medicine and the latest advancements in endocrinology make him a sought-after specialist in Kolkata. With a reputation for excellence, he remains dedicated to empowering patients with effective treatment strategies for all types of endocrine disorders, ensuring long-term health and wellness. Book an appointment today with Dr. Sk Hammadur Rahaman at Manipal Hospitals for expert endocrine and diabetes care.

### Fellowship & Membership

- Life member of the Indian Thyroid Society
- Life-time member of the Endocrine Society
- Life-time member of RSSDI
- Life-time member of the Endocrine Society of India

### Field of Expertise

- Diabetes mellitus – including Type 1, Type 2, Gestational Diabetes and Secondary Diabetes
- Thyroid disorder – Hypothyroid, Hyperthyroid, Thyroid Nodule, Thyroiditis, Thyroid Cancer
- Hypocalcemia and Hypercalcemia
- Hypoparathyroid and Hyperparathyroid
- Obesity management
- PCOD, Hirsutism, menstrual disorders
- Pituitary tumors, Hypopituitarism, Cushing's Syndrome, Acromegaly
- Hyperprolactinemia

- Any type of hormonal problem
- Rickets and osteomalacia
- Growth disorders of children
- Osteoporosis and recurrent fracture
- Sexual disorders, erectile dysfunction, and premature ejaculation

## Languages Spoken

- English
- Bengali
- Hindi

## Awards & Achievements

- Dr. MMS Ahuja Won the Book Prize Award in Endocrinology for the best DM student for the year 2017 from AIIMS, New Delhi.
- APICON 2003 Gold Medal for the best Resident in the department of medicine adjudged on the basis of his overall performance during the residency for the Year 2012.
- 1st prize in Post Graduate Paper Presentation Contest during Scientific Proceedings of "Medicine Update-2011" on "Newer Concepts of Medicine" held in Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly, UP on 30th Sept 1st&2nd Oct 2011.
- 1st prize with Silver medal in Hematology quiz on CME "Anemia- Challenges and Newer Perspectives" held on 21st August 2010 at C.S.M. Medical University, Lucknow by Indian Society of Hematology and Transfusion Medicine-UP.

## Talks & Publications

- Bilateral Medullary Nephrocalcinosis Secondary to Vitamin D toxicity: A 14 year follow up. Indian J Endocr Metab 2018;22:853-4.
- Original article: Bone health in patients with Cushing's syndrome. Indian J Endocr Metab 2018;22:766-9.
- Peripheral Precocious Puberty Caused by Human Chorionic Gonadotropin Producing Pineal Gland Tumor. Indian Pediatr. 2018 Mar 15;55(3):254-256. PubMed PMID:29629701.
- Original article: Effectiveness of a patient education module on diabetic foot care in outpatient setting: An open label randomised controlled study. Indian J Endocr Metab 2018;22:74-8
- Pachydermoperiostosis: incomplete form, mimicking acromegaly. Indian J Endocrinol Metab. 2016;20(5):730-731.
- Laron syndrome: An experience of treatment of two cases. Journal of Clinical and Translational Endocrinology: Case Reports 19 (2021) 100076
- Case report: Rare association of insulin autoimmune syndrome with ankylosing spondylitis. Endocrinol Diabetes Metab Case Rep. 2015; 2015: 150090. Published online 2015 Sep 24. doi: 10.1530/EDM-15-0090. PMCID: PMC4626647
- Case report: L-asparaginase induced hypoglycemia in a case of acute lymphoblastic leukemia: a patient report. J Pediatr Endocrinol Metab. 2015 Mar;28(3-4):439-41. doi: 10.1515/jpem-2014-0227.
- Treatment of polycystic ovary syndrome: recent trial results. Clin. Invest. (Lond.) (2015) 5(3), 337-350.
- Original article: Comparative evaluation of BACT/ALERT 3D culture medium and nested PCR in the diagnosis of tuberculous meningitis. SAARC J TUBER LUNG DIS HIV/AIDS, 2014;XI(2).
- Chapter in 'MEDICINE UPDATE 2013': Short stature: Evaluation and Management.
- Distribution of Hepatitis B virus genotypes among healthy blood donors in eastern part of North India. Asian Journal of Transfusion Science- Vol 5, Issue 2, July 2011.
- Book chapter in 'Basics of Human Andrology' Metabolism and Endocrines. Mohd Ashraf Ganie, Sk Hammadur Rahaman, Nishant Raizada Pages 401-414

- CDiC textbook of Pediatric Diabetes. Chapter 24: Future Metabolic risk among subject with Type 1 diabetes mellitus. Jaypee Digital 2018. Authors: Ganie Mohd Ashraf, Rahaman SK Hammadur
- Kaul U (editor). Tandon's Textbook of Cardiology, Chapter: diabetes and heart disease, Wolters Kluwer 2019. Authors: Sk Hammadur Rahaman, Sreejith M, Nikhil Tandon. Pages 888-903.
- Original article: Study of Mutations in  $\beta$ -Thalassemia Trait among blood donors in Eastern Uttar Pradesh. Journal of Clinical and Diagnostic Research 2013 July Vol-7 (7): 1394-1396.