

DR. ROHIT RUNGTA

Consultant - Nephrology

Qualification

MBBS | MD - INTERNAL MEDICINE | DNB - NEPHROLOGY | MRCP | FISN | FASN

Overview

Dr. Rohit Rungta, Consultant in the Department of Nephrology at Manipal Hospitals, E.M. Bypass, Kolkata, is a leading nephrologist with over 15 years of experience in diagnosing and treating kidney-related disorders. Holding an MBBS (2006), MD in Internal Medicine (2012), DNB in Nephrology (2016), MRCP (2017), FISN (2022), and FASN (2023), Dr. Rungta has established himself as an authority in nephrology. His expertise spans across Chronic and Acute Kidney Diseases, Diabetic Kidney Disease, Hypertension, Childhood Nephrotic Syndrome, Nephritis, Dialysis Catheter Insertion, Kidney Biopsy, Peritoneal Dialysis, Haemodialysis, and Interventional Nephrology. A strong advocate for Preventive Nephrology, Dr. Rungta emphasises early detection and management strategies to mitigate kidney-related complications. He is also proficient in handling complex cases of kidney transplantation, ensuring comprehensive pre- and post-transplant care. With over a hundred published papers in reputed national and international journals, his contributions to nephrology research are widely recognised. His commitment to advancing kidney care has earned him several accolades, including the Travel Grant for WCN 2015, Best Paper Award at ISNEASTCON 2016, and the ERA EDTA 2018 Travel Grant. Dr. Rungta is highly skilled in performing Perma Catheter Insertions and other interventional nephrology procedures, ensuring minimally invasive solutions for patients requiring long-term dialysis. His patient-centric approach, coupled with his vast clinical knowledge, makes him a trusted name in nephrology. Whether managing kidney failure, hypertension-related kidney complications, or pediatric nephrotic syndromes, Dr. Rungta delivers treatment solutions tailored to each patient's needs. As a key opinion leader in nephrology, he remains dedicated to integrating the latest advancements in kidney care, offering innovative and evidence-based treatment protocols. At Manipal Hospitals, Kolkata, he collaborates with a multidisciplinary team to provide holistic kidney care, helping patients achieve better renal health and improved quality of life. If you're looking for expert Kidney care in Kolkata, Dr. Rohit Rungta stands as a beacon of trust, skill, and innovation in Nephrology treatment.

Fellowship & Membership

- Indian Society of Nephrology
- International Society of Nephrology
- International Society of Peritoneal Dialysis
- Peritoneal Dialysis Society of India
- American Society of Nephrology
- European Renal Association
- Association of Physicians of India

Field of Expertise

- Dialysis

- Nephritis Treatment
- Kidney Transplant
- Kidney Biopsy
- Perma Catheter Insertion
- Peritoneal Dialysis
- Chronic and Acute Kidney Diseases
- Diabetic Kidney Disease
- Hypertension

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- API Jharkhand Chapter 2013 – Misplacement of Internal Jugular Catheter
- API Jharkhand Chapter 2013 – Situs Inversus, A Diagnostic Dilemma
- ISNCON 2013 Gurgaon – Multifactorial Post-Partum AKI
- ISNEZCON 2014 Puri – Aorto Femoral Bypass in Pretransplant Patients
- WCN 2015 Cape Town – Fish Bile Induced AKI – Analysis of Clinical Variables and Outcomes
- WCN 2015 Cape Town – Renal Transplant in HCV Positive Patients and Their Outcomes
- WCN 2015 Capetown – Role of High Dose of Tacrolimus in Desensitization of Cross-Match Positive Recipients
- ERA-EDTA 2018 Denmark – ABOi Renal Transplant
- WCN 2019 Melbourne, Australia – HCV Positive Renal Transplant – Outcome After 5 Years
- ISNCON 2023 Kolkata – Chairperson in Session on Paediatric Transplantation
- Transplant Colloquium 2024, Bhutan – Chairperson in Session on Acute Rejection in Transplant Patient
- ASPN 2024, South Korea – Role of Desidustat in Chronic Kidney Disease

Talks & Publications

- Rungta R, Jha RK. Comparative analysis of pleural fluid biochemical parameters with cholesterol to differentiate transudates from exudates. J Assoc Chest Physicians 2013;1:54-7
- Rungta R, Ray DS, Das P, Gupta S. Three different opportunistic infections in the same renal allograft recipient at the same time: Unusual case report. Trop J Med Res 2014; 17 45-7
- Rungta R, Jha RK. Situs inversus incomplitus: a diagnostic dilemma, JIACM2016;17(1):64-66
- Rungta R. An unusual case of misplacement of an internal jugular double-lumen dialysis catheter into the ipsilateral subclavian vein in reverse direction. JIACM 2016; 17(2) 139-141
- Rohit R, Deeak DS, Das P, Bohidar NP, Thukral S, et al.: The Impact of Hepatitis C Virus Infection on Clinical Course, Short-Term and Long-Term Outcomes in Renal Transplant Recipients - A Prospective And Retrospective Study. Arch Organ Transplant
- 2017;2 (1):004-008
- Kumar S, Sanyal D, Das P, Bhattacharjee K, Rungta R. An observational prospective study to evaluate the preoperative risk factors of new-onset diabetes mellitus after renal transplantation in a tertiary care centre in eastern India. Indian J Endocr Metab 2018;22:610-5
- Kumar S, Sanyal D, Das P, Bhattacharjee K, Rungta R. An observational prospective study to evaluate the outcomes of new onset diabetes after renal transplantation (NODAT) in a tertiary care centre in eastern India." Diabetes research and clinical practice vol. 159 (2020): 107948. doi:10.1016/j.diabres.2019.107948

