

DR. SALVI SONI

Consultant - Nutrition and Dietetics

Qualification

M.Sc Food and Nutrition

Overview

Dr. Salvi Soni is a seasoned Clinical Dietician and Nutrition Therapist with over 11 years of experience in medical nutrition therapy. Currently practicing at Manipal Hospital, Ghaziabad, she is known for her patient-centric approach and expertise in delivering evidence-based nutritional care. With a Master's degree (M.Sc) in Food and Nutrition, Dr. Soni combines academic excellence with real-world clinical insight to support patients across various stages of health and disease. Her key areas of expertise include weight management, diabetes care, renal and gastrointestinal disorders, cardiac and cancer nutrition, and critical care nutrition. She believes in the transformative power of food and works closely with each patient to develop personalized dietary plans that align with their medical needs and lifestyle. Her approach is not only therapeutic but also preventive, helping patients achieve long-term wellness goals through sustainable nutrition practices. Dr. Soni is a Certified Diabetic Educator through the International Diabetes Federation and Project HOPE. She also holds an advanced certification in bariatric nutrition, accredited by the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO). She is a life member of the Indian Dietetic Association (IDA) and has received several academic accolades, including the Smt. Madhu Varshney Gold Medal and the Agar Lions Club Gold Medal. In addition to clinical work, Dr. Soni actively participates in public health education. She has delivered expert talks at corporate events, schools, and on television, and has written for leading health magazines and newspapers. Her mission is to empower individuals with the knowledge and tools they need to lead healthier, more fulfilling lives through nutrition.

Fellowship & Membership

- Life Member of the Indian Dietetic Association (IDA)

Field of Expertise

- Weight Management
- Diabetes Management
- Renal Disorders
- Gastrointestinal Disorders
- Critical Care
- Cancer
- Cardiac Disease
- Bariatric Nutrition
- Pregnancy and Lactation
- Paediatric Nutrition

Languages Spoken

- English
- Hindi

Awards & Achievements

- Certified Diabetic Educator (International Diabetes Federation and Project Hope)
- Advanced Bariatric Nutrition Course by IFSO
- Smt Madhu Varshney Gold Medal Award- Graduation
- Agar Lions Club Gold Medal Award- Graduation

Talks & Publications

- Delivered talks and organised nutrition camps at various corporations and schools
- Speaker for TV channels for Nutrition and related topics
- Various expert articles are also featured in leading Indian newspapers and popular health magazines for health and wellness