

DR. RASHMI SHIRWANT

Consultant - Ophthalmologist

Qualification

MBBS | MS (Ophthalmology)

Overview

Dr. Rashmi Shirwant, currently associated with Manipal Hospitals in Goa, is a dedicated Ophthalmologist. She brings a wealth of experience from her tenure as a Senior Resident in the Department of Ophthalmology at Kasturba Medical College (KMC), Manipal, where she served from 2021 to 2023. During this time, she adeptly handled outpatient departments (OPD), performed ocular surgeries, and managed ocular trauma cases. She is the foremost Ophthalmologist in Goa. Dr. Shirwant's academic journey began at Kasturba Medical College, Manipal, where she earned her MBBS degree between 2011 and 2015. Following her internship at the same institution from 2015 to 2016. Later she pursued an MS in Ophthalmology, which she completed in 2021 from KMC. Her comprehensive education and hands-on training have equipped her with a broad range of ophthalmic skills. Her expertise encompasses medical retina including diabetic retinopathy management, comprehensive eye check-ups, refractive error correction, screening for glaucoma and paediatric eye evaluation. She is proficient in performing cataract surgeries using both phacoemulsification, small incision cataract surgery (SICS) and Anterior segment surgeries. Additionally, she is skilled in YAG laser capsulotomy and pterygium excision. Dr. Shirwant is also experienced in handling ocular emergencies and trauma, including lid and sclerocorneal tear repairs. Dr. Shirwant is multilingual and fluent in English, Hindi, Konkani, Kannada, and Tulu. This linguistic versatility allows her to effectively communicate with a diverse patient population, enhancing the quality of care she provides. Her commitment to ophthalmology and patient care makes her a valuable asset to Manipal Hospitals and the community she serves.

Field of Expertise

- Comprehensive eye check-up
- Refractive error correction
- Screening of diabetic retinopathy and glaucoma
- Cataract Surgeries with phacoemulsification and SICS
- YAG laser capsulotomy
- Pterygium
- Handling ocular emergencies and trauma including lid and sclerocorneal tear repair

Languages Spoken

- English
- Hindi
- Konkani
- Kannada
- Tulu

Awards & Achievements

- Awarded among the top 5 papers at the Indian Myopia Awareness and Research Conference conducted by LVPEI
- Secured first place in the state-level intercollegiate post-graduation quiz on the retina

Talks & Publications

- Talk on glaucoma and diabetic retinopathy screening on account of Women's Day
- Awareness session on primary care in ocular emergency for community health centre workers organised by the district hospital, Udupi
- Conducted CME as Joint Secretary for KMC, Manipal
- Conducted wet lab training for postgraduate students
- An unusual case of orbital abscess due to *Morganella Morganii* and *Klebsiella pneumonia*, following acute on chronic dacryocystitis. Indian Journal of Ophthalmology - Case Reports 3(2):p 507-509, Apr-Jun 2023. | DOI: 10.4103/IJO.IJO_3008_22
- CASE REPORT: Bilateral dead bag syndrome JCRS Online Case Reports 12(2):p e00119, April 2024. | DOI: 10.1097/j.jcro.0000000000000119