

DR. KETAN NAIK

Consultant - Orthopaedics

Qualification

MBBS | MS Orthopaedics | MRCS | Fellowship in Arthroscopy, Sports Injuries and Arthroplasty

Overview

Dr. Naik is a highly experienced Orthopaedic Surgeon currently working at Manipal Hospitals, Goa. He completed his MBBS from Goa Medical College, Goa, followed by an MS in Orthopaedics from T.N. Medical College and B.Y.L. Nair Charitable Hospital, Mumbai. He further enhanced his expertise through a Fellowship in Knee and Shoulder Arthroscopy at the Knee, Shoulder, Elbow Specialty Centre, Sangli, a Fellowship in Joint Replacement from Deenanath Mangeshkar Hospital and Research Centre, Pune, and a Fellowship in Sports Medicine, Arthroscopy, and Arthroplasty under renowned surgeon Dr. Alessandro Lelli in Bologna, Italy. Dr. Naik's practice focuses on the comprehensive management of musculoskeletal injuries and degenerative conditions, aiming for rapid recovery and long-term functional outcomes. His surgical expertise includes advanced arthroscopy for joint pathologies, with a strong emphasis on treating complex sports injuries such as ligament tears (including ACL injuries), meniscal tears, cartilage disorders, ankle sprains, and tendinitis. He is also skilled in arthroplasty for degenerative joint disease and performs specialised procedures like rotator cuff repair to restore shoulder function. Additionally, he provides expert trauma care, offering both surgical and non-surgical management for all types of fractures. Alongside his surgical work, Dr. Naik is committed to spine care, managing various spinal conditions through a conservative, patient-centric approach. He also plays a vital role in ward and outpatient department management, overseeing diagnostic evaluations, pre-operative planning, and post-operative follow-up to ensure seamless, high-quality care for his patients.

Fellowship & Membership

- Membership of the royal college of surgeons(Glasgow)
- Fellow in Joint Replacement
- Fellowship in Knee and Shoulder Arthroscopy
- INDO-EUROPEAN Fellowship in Arthroscopy and Arthroplasty
- Advanced Trauma Life Support Course from the American College of Surgeons
- Reconstruction Basic Principles Course from Bombay Orthopaedic Society
- Basic Knee Arthroplasty Course from Royal College of Surgeons
- Smith and Nephew Intermediate Course on Knee and Shoulder Arthroscopy
- Athrex Advanced Course on Knee Arthroscopy

Field of Expertise

- Arthroscopy
- Sports injuries
- Ligament injuries

- Trauma
- Spine Care
- Arthroplasty
- Ward and OPD Management
- ACL tears
- Meniscal injuries
- Cartilage related issues
- Rotator cuff repair
- Ankle sprains
- Tendinitis
- Fractures

Languages Spoken

- English
- Marathi
- Konkani
- Hindi

Awards & Achievements

- Best all round student in Goa Medical College
- Prize for second highest marks in the subject of anatomy (Goa University-2012)
- Runner-up for Best poster at IOACON 2021

Talks & Publications

- Loss of Trial Femoral Head, A Rare Intraoperative Complication During Total Hip Arthroplasty: A Case Report and Literature Review. Acta Scientific Orthopaedics (2022).
- Is antegrade K-wire pinning better than retrograde pinning for distal radius fracture? A comparative study. Int J Res Orthop 2022.
- Non-traumatic Bilateral Lower Limb Fractures in Human Immunodeficiency Virus Positive Individuals on Long-Term Antiretroviral Therapy: Two Case Reports and Literature Review. J Orthop Case Rep. (2023).
- Comparison of clinical and functional outcomes in patients operated with standard offset stem versus high offset stem in total hip replacement: a retrospective study. Int J Res Orthop (2024).
- Functional assessment of bipolar hemiarthroplasty versus total hip replacement in trans cervical neck fracture of femur in elderly patients: a prospective observational study. International Journal of Research in Orthopaedics (2023).
- A Study of Different Bone Bruising Patterns on Magnetic Resonance Imaging in Patients with Anterior Cruciate Ligament Injury. International Journal of Scientific Research (2022).
- Presented paper on "Evaluation of elderly patients with distal end radius fracture managed conservatively in terms of functional outcomes and its relationship with radiological parameters" at WIROC 2022.
- Presented poster on "Neurological deficit due to a combination of thoracolumbar kyphosis and lumbar canal stenosis in a 15 year old male with achondroplasia" at IOACON 2021.
- Presented poster on "Management of Charcot joint arthropathy using ilizarov ring fixator" at IOACON 2021.
- Presented poster on "Conservative management of thoracolumbar spinal tuberculosis in a tertiary care hospital in India" at IOACON 2021.
- Presented poster on "Surgical Management of traumatic tibia fracture in second trimester pregnancy" at SICOT MALAYASIA 2022.
- Presented poster on "Dislocation of trial femoral head-duting total hip replacement" at SICOT MALAYASIA 2022.

- Presented paper on “Evaluation of elderly patients with distal end radius fracture managed conservatively in terms of functional outcomes and its relationship with radiological parameters” at EFORT LISBON 2022.