

DR. MOHIT SARAN

Consultant - Internal Medicine and Diabetologist

Qualification

MD (Internal Medicine) from Santosh Medical College Ghaziabad Uttar Pradesh India in 2012 | Post Graduate in Diabetology from Boston University School of Medicine USA | Post Graduate course in Management of Hypertension from European Society of Hypertension | MBBS in April 1995 from M G M Medical College, Indore, Devi Ahilaya Vishwavidyalaya Indore, India

Overview

Dr. Mohit Saran is an experienced Internal Medicine doctor Gurgaon. His areas of expertise include management of Diabetes and related problems. Dr. Mohit has the ability to work effectively in multi-disciplinary teams and possesses excellent communication skills. He completed his MBBS from MGM Medical College, Indore, and Post Graduation in Management of Hypertension from the European Society of Hypertension, and Diabetology from Boston University School of Medicine, USA. Dr. Mohit is also an esteemed member of multiple prestigious institutions such as The American College of Physicians, USA, Endocrine Society, USA, The American College of Cardiology, The Association of Physicians of India, The Research Society for Study of Diabetes in India, Indian Society of Hypertension, and Geriatric Society of India. In addition to this, Dr. Mohit also actively participates in national and international seminars dedicated to discussions over the latest developments in the field of Internal Medicine. Dr. Mohit Saran has presented a paper 'Thyroid Disorders in Type 2 Diabetes Mellitus', and did a case discussion titled 'Uncontrolled Diabetes Type 2 with Azotemia with Hemorrhagic Stroke' in the monthly meeting of the Innovative Physician Forum in 2017. He delivered a lecture on 'Adult vaccination in the monthly CME of Innovative Physician Forum in December 2017. Apart from academic excellence, Dr. Mohit is known for his sincere and compassionate conduct. He offers optimum care and personalised treatment to every patient. Dr. Mohit has earned various certifications for participating in the following: Workshop on Practical Diabetology by Hormone Care Center in Ghaziabad, Intensive Postgraduate Training Program by Physician of India in Madras, and Diabetes Education Programme titled Diabetologic organised by Johns Hopkins University School of Medicine in New Delhi. He has completed a certificate course in Evidence Based Diabetes Management Cycle 5 organised by the Public Health Foundation of India, and a course on Masterclass in Diabetes Complication by the European Academy of Continuing Medical Education in 2019 accredited by the Federation of the Royal College of Physicians, UK. Dr. Saran has won the Diabetes India USV Awards 2021 for the best contribution to Diabetes Care in Challenging situations and the International Best Researchers Award 2023 for Research and Excellence in Internal Medicine.

Fellowship & Membership

- American College of Physicians.
- Geriatric Society of India.
- Indian Society of Hypertension.

Field of Expertise

- Diabetology
- Thyroid Disorder
- Infectious Diseases
- Metabolic Diseases Hyperlipidemia

Languages Spoken

- English
- Hindi

Awards & Achievements

- Diabetes India USV Awards 2021 for best contribution to Diabetes Care in a challenging situation.
- International Best Researchers Award 2023 for Research and Excellence in Internal Medicine.

Talks & Publications

- Dr. Mohit Saran, Dr J K Sharma., Prevalence of Thyroid Dysfunction Among Diabetic Patients In North Indian Region, Indian Journal of Applied Research, March 2019, Volume 9, Issue No. 3, ISSN - 2249-555X, IF 5.397, IC Value: 86.18.
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