

DR. MONISH RAJ M

Consultant - Paediatric Surgeon

Qualification

MBBS | MS General Surgery | DNB General Surgery | MCh Pediatric Surgery

Overview

Dr. Monish Raj M is a highly skilled paediatric surgeon in Bangalore. He's currently practising as a Consultant – Paediatric Surgery at Manipal Hospitals, Hebbal, Bengaluru. He specialises in performing complex surgical procedures in newborns, infants, and children, with a strong focus on precision, safety, and holistic care. With rigorous training, extensive hands-on experience, and advanced qualifications, Dr. Monish has established himself as a trusted specialist in the management of surgical conditions across paediatric subspecialties. He completed his MBBS at Bangalore Medical College and Research Institute, one of the most respected medical institutions in India, in March 2018. His pursuit of surgical excellence led him to earn an MS in General Surgery from Vardhaman Mahaveer Medical College and Safdarjung Hospital, New Delhi, in May 2021. He further enhanced his training by obtaining the Diplomate of National Board (DNB) in General Surgery in January 2021, demonstrating his deep academic commitment and clinical competence. To refine his expertise specifically in children's surgery, Dr. Monish went on to pursue MCh in Paediatric Surgery at the prestigious SMS Medical College, Jaipur, which he is completing in 2025. During the course of his training, Dr. Monish developed his surgical proficiency through direct involvement in more than 1000 procedures, ranging from routine surgeries to complex and emergency interventions. This extensive exposure has provided him with the confidence and competence to manage delicate cases across neonatal, infant, and paediatric age groups. His approach integrates evidence-based medical knowledge with advanced surgical techniques, ensuring optimal outcomes tailored to each child's unique needs. Dr. Monish's expertise spans a wide spectrum of paediatric surgical subspecialties. He is proficient in neonatal surgery, managing conditions that require immediate intervention soon after birth. His skills in paediatric laparoscopy allow him to perform minimally invasive procedures that minimise postoperative pain and scarring, thereby aiding faster recovery in children. He has substantial experience in paediatric thoracic surgery, urology, neurosurgery, oncology, and trauma management. His ability to address congenital anomalies, childhood tumours, and paediatric emergencies highlights his versatility as a surgeon. He is equally well-versed in intensive care for neonatal and paediatric surgical patients, ensuring that critically ill children receive comprehensive perioperative support in surgical ICUs. In addition to his clinical practice, Dr. Monish has actively contributed to research and academic development. He has presented papers at national conferences and published in peer-reviewed journals, adding valuable insights to the field of paediatric surgery. His academic contributions underscore his dedication to advancing surgical knowledge and improving treatment standards for children. Dr. Monish has also pursued several specialised certifications that enhance his practice. He is trained in Advanced Trauma Life Support (ATLS) and Basic Life Support (BLS), enabling him to deliver rapid, life-saving interventions in emergency situations. He has completed certification in basic bronchoscopy and endoscopy, adding to his proficiency in diagnostic and therapeutic interventions in the airway and gastrointestinal tract. These additional skills make him particularly adept at managing complex trauma and emergency conditions in young patients. He is an active member of the Indian Association of Paediatric Surgeons (IAPS), which keeps him connected with the latest developments in his speciality and fosters collaborations with fellow experts in the field. His multilingual abilities in English, Hindi, Kannada, and Telugu further allow him to communicate effectively with patients and families across diverse backgrounds, building trust and clarity in treatment discussions.

Field of Expertise

- Pediatric Surgical Procedures.
- Neonatal surgery.
- Pediatric laparoscopy.
- Pediatric thoracic surgery.
- Pediatric urology.
- Pediatric neurosurgery.
- Pediatric Oncology.
- Management of Pediatric Surgical Emergencies.
- Pediatric trauma care.
- Neonatal and paediatric surgical ICU care.

Languages Spoken

- English
- Hindi
- Kannada
- Telugu

Talks & Publications

- Presented a paper at the National Conference.
- Published a research article in a peer-reviewed journal.