

DR. RICHA PAL

Consultant - Obstetrics and Gynaecology

Qualification

DGO | MBBS | DNB - Obstetrics & Gynaecology | M.B.B.S

Overview

Dr. Richa Pal is a skilled obstetrician and gynaecologist, practising as a Consultant – Obstetrics & Gynaecology at Manipal Indira Clinic. Dr. Richa brings more than 15+ years of extensive clinical expertise in women's health, managing a wide range of obstetrics and gynaecology issues through advanced laparoscopic and hysteroscopic procedures, such as hysterectomies, fertility-enhancing surgeries, etc. She specialises in the minimally invasive management of gynaecological conditions such as fibroids, endometriosis, ovarian cysts, infertility, and uterine disorders. Dr. Richa completed her MBBS from Chhattisgarh Institute of Medical Sciences, Bilaspur, in 2009 and went on to pursue her Diploma in Gynaecology and Obstetrics (DGO) from Rajiv Gandhi University of Health Sciences. She later earned her DNB in Obstetrics & Gynaecology from the National Board of Examinations, India, in 2016. In addition, Dr. Richa Pal completed various Fellowships in Cosmetic Gynaecology, Regenerative Medicine in Infertility, and Reproductive Medicine to gain multidisciplinary expertise in modern gynaecological care. At Manipal Indira Clinic, Dr. Richa Pal guides women through pregnancy, childbirth, and postnatal care, ensuring safe delivery and comprehensive care of high-risk pregnancies to term. Her research-driven care protocol is complemented by her compassionate, patient-centred approach to improve women's quality of life, reproductive choices, and overall well-being. She is fluent in English, Kannada, and Hindi, communicating effectively with women from diverse cultural and linguistic backgrounds. Dr. Richa is a member of the Bangalore Society of Obstetrics & Gynaecology and the Federation of Obstetrics and Gynaecological Societies of India (FOGSI). With her dedication to continuous learning, Dr. Richa Pal is a known gynaecologist in Indira Clinic, catering to women seeking comprehensive, modern, and compassionate gynaecological care.

Fellowship & Membership

- Fellowship in Cosmetic Gynaecology - International Association of Stem Cell & Regenerative Medicine, 2022.
- Fellowship In Regenerative Medicine In Infertility - International Association Of Stem Cell & Regenerative Medicine, 2022.
- Fellowship Program in Reproductive Medicine - Sunanda IVF Academy, 2022.
- Diploma In Gynaecology and Obstetrics - Rajiv Gandhi University of Health Sciences, 2014.

Field of Expertise

- Gyn Endoscopy.
- Endometriosis Fertility Enhancing Surgery.
- Stem Cell and Regenerative Medicine in Infertility.
- Cosmetic Gynaecology.

Languages Spoken

- Kannada
- English
- Hindi