

DR. NIVEDITHA BALAKRISHNAN

Consultant & Head – Emergency Medicine Department

Qualification

MBBS | DNB (Emergency Medicine) | MRCEM (UK)

Overview

Dr. Niveditha Balakrishnan is an expert emergency medicine specialist in Bangalore currently practising as a Consultant -Emergency Medicine at Manipal Hospital Jayanagar. With a focus on providing high-quality emergency care, Dr. Niveditha has extensive experience in diagnosing and treating various medical conditions. She excels in working collaboratively with multidisciplinary teams, ensuring timely and accurate medical documentation, and actively participating in continuous medical training and quality improvement initiatives. She is the foremost Emergency Medicine Specialist in Bangalore. In terms of skills, Dr. Niveditha Balakrishnan is proficient in advanced airway management techniques such as Endotracheal Intubation, Supraglottic Airways, Tracheostomy, and Needle Cricothyroidotomy. Additionally, she possesses expertise in advanced Ventilatory Management (NIV, mechanical ventilator), Vascular Access Procedures, including central lines and arterial lines, and Radiography Interpretation involving CT/MRI/X-ray scans. Dr. Niveditha's experience extends to performing procedures like ICD Insertion and Lumbar Puncture, along with Trauma Management and End-of-life Care. She is known as the best emergency medicine specialist in Jayanagar, Bangalore. On the education front, Dr. Niveditha completed her DNB (Diplomate of National Board) in Emergency Medicine at Max Super Speciality Hospital in Delhi after obtaining her MBBS degree from Yerevan State Medical University in Armenia. Dr. Niveditha's dedication to her field is further highlighted by her certifications in Advanced Cardiac Life Support (ACLS), Advanced Trauma Life Support (ATLS), and Pediatric Advanced Life Support (PALS). Furthermore, Dr. Niveditha has contributed to the medical literature with her publications, including case reports and articles, showcasing her commitment to advancing medical knowledge and sharing insights gained from her clinical experiences. Some of her articles such as The Reds Score A New Scoring To Risk Stratify Emergency Department Suspected Sepsis (Indian Journal of Emergency Medicine) and Massive Pulmonary Embolism despite Anticoagulation in a Post-Covid Patient. Her research interests primarily revolve around emergency medicine and critical care, with a focus on improving patient outcomes and healthcare delivery in emergency settings. Dr. Niveditha Balakrishnan has affiliations and active memberships at various associations such as - the National Board of Examinations in Medical Science and the Society of Emergency Medicine - India. Being multilingual, Dr. Niveditha is proficient in English, Hindi, Tamil, Telugu, and Kannada, which allows her to connect with her patients easily. Her commitment to patients' well-being makes her one of the best emergency medicine doctors in Bangalore.

Fellowship & Membership

- Member – Royal College of Emergency Medicine (UK)
- ACLS Instructor
- ATLS Instructor
- PALS Provider
- Active Member – Royal College of Emergency Physicians
- Editor – Indian Journal of Emergency Medicine

Field of Expertise

- Advanced Ventilator Management
- Trauma Management
- Procedural Sedation
- Pediatric emergency
- Toxicology and the critical Management of other medical Emergencies

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telugu

Talks & Publications

- "Ventricular Bigeminy in Anaphylaxis Treated with Epinephrine" – Published in IJEM (Indian Journal of Emergency Medicine)