

## DR. AKSHATHA P KUMAR

Consultant - Pulmonology

### Qualification

MBBS | M D - Respiratory Medicine

### Overview

Dr. Akshatha P Kumar is a renowned pulmonologist in Bangalore, who has recently joined Manipal Hospital Jayanagar as a Consultant - Pulmonology. With over 5 years of professional experience, Dr. Akshatha specialises in diagnosing and treating Respiratory Disorders, including Asthma, Chronic Obstructive Pulmonary Disease (COPD), and Sleep Apnea. Her practice is focused on both diagnostic and interventional pulmonology, ensuring comprehensive care for patients with lung-related conditions. She is well-versed in diagnostic bronchoscopy, intubation, central line insertion, thoracic ultrasonography, 2D Echo, and sleep study assessments, offering advanced care to patients with complex respiratory issues. Her interest in sleep apnea, particularly its correlation with polysomnographic variables, reflects her commitment to improving patient outcomes through specialised care. On the academic front, Dr. Akshatha P Kumar holds an MBBS from Rajarajeshwari Medical College and Hospital, Bangalore, and an MD - Respiratory Medicine from Bangalore Medical College and Research Institute. Her interest in respiratory diseases extends to her participation in multiple workshops, including advanced management of respiratory diseases, spirometry, and interventional pulmonology. She is dedicated to preventive care and early intervention, ensuring patients receive timely diagnosis and treatment to improve their quality of life. In addition to her clinical work, Dr. Akshatha P Kumar has contributed to several national-level conferences. She presented her research with a poster presentation - "POST COVID PULMONARY COMPLICATIONS" at Sleep Respi-con. She also presented research papers including "Predictors of Mortality in Young Patients with Severe COVID-19" at CRITICON 2021, and "A Study on Correlation of REM Index and NREM Index with Polysomnographic Variables in Patients with OSA" at NAPCON 2022. Dr. Akshatha is fluent in Kannada, English, and Hindi, enabling her to connect with a wide range of patients. Her compassionate approach, combined with her technical expertise, makes her one of the best pulmonologists in Jayanagar for people dealing with respiratory conditions.

### Field of Expertise

- Sleep disorders
- Bronchoscopy
- PFT
- Obstructive lung disease
- Restrictive lung disease
- Pulmonary infections
- Pleural pathology
- Sleep medicine
- Pulmonary vascular disorders
- Ultrasound USG and guided procedures
- Interventional pulmonology

## Languages Spoken

- English
- Kannada
- Hindi

## Talks & Publications

- Presented a poster with the Title “ Post Covid Pulmonary Complications “ in Sleep Respi-con, National level conference organized by BCRA, Bangalore in December 2020
- Presented a paper on “ Predictors of mortality in young patients with severe COVID-19” in CRITICON 2021 organised by BMCRI.
- Paper presentation on “ Study on Correlation of REM Index and NREM Index with Polysomnographic Variables in Patients with OSA”