

DR. ANJALI S RAJ

Consultant - Neonatology

Qualification

MD (Paediatrics) | DNB (Paediatrics) | FIAP | DM (Neonatology)

Overview

Dr. Anjali S. Raj is a dedicated neonatologist in Bangalore with over 10+ years of extensive experience providing exceptional care to critically ill and premature neonates from diverse socio-economic backgrounds. She is currently practising as a Consultant - Neonatology at Manipal Hospital Kanakapura Road, Bangalore. With a strong focus on creating positive clinical outcomes, Dr. Anjali ensures that each newborn receives individualised attention, tailored to their specific medical needs, while prioritising the emotional well-being of both the infant and their family. Her qualifications include MBBS, MD, DNB in Paediatrics, and a DM in Neonatology, which have equipped her with advanced skills and comprehensive knowledge in managing the complexities of neonatal care. Dr. Anjali's training in point-of-care ultrasound and functional echocardiography enhances her ability to conduct precise bedside diagnostics. She is also certified in both basic and advanced levels of Neonatal Resuscitation (NRP) and frequently conducts workshops to enhance the resuscitation skills of medical and nursing staff. Her training in the BAYLEY 4 developmental assessment enables her to closely monitor and support neurodevelopmental outcomes in high-risk infants. Over the years, Dr. Anjali has honed her clinical expertise in managing a wide spectrum of neonatal conditions with a strong focus on multidisciplinary collaboration. Her specialised areas of expertise include extreme preterm and high-risk newborn care, neonatal resuscitation, lactation counselling, neurodevelopmental assessments, and high-risk antenatal counselling. She also offers exceptional support in newborn ventilation and is dedicated to improving newborn survival and quality of life. Working closely with neonatology teams, paediatricians, nurses, and allied health professionals, Dr. Anjali has been instrumental in formulating and executing comprehensive care plans that prioritize both clinical outcomes and the emotional well-being of families. As a strong advocate for infection control, she has implemented rigorous antibiotic stewardship protocols to ensure the safe and effective management of infections in neonates. Dr. Anjali's commitment to neonatal care goes beyond clinical work; she educates and trains the next generation of doctors. She regularly teaches undergraduate and postgraduate medical students and nursing staff the essentials of neonatal care. Her passion for knowledge dissemination has also led her to organise and participate in neonatal and perinatal CME programs and workshops at regional and national levels. She also acts as an examiner for the NNF (National Neonatology Forum) nursing and neonatal fellowship exit exams. Dr. Anjali S. Raj speaks English, Hindi, Kannada, Tamil, and Telugu. She can also understand and manage Gujarati and Marathi, ensuring she can care for a diverse patient population in Bangalore.

Fellowship & Membership

- NNF life member number- KAR/L-101093

Field of Expertise

- Pre- and post-operative management of neonates requiring surgery.

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telgu
- Gujarati
- Marathi

Awards & Achievements

- Gold medalist in M.D Paediatrics and university topper at Gujarat University 2014.
- Gold medalist in IAP fellowship in neonatology 2015.

Talks & Publications

- Poster presented on “Role of Gestational Age and Sex in Morbidity and Mortality of VLBW neonates” in the 32nd Annual Convention of National Neonatology Forum of India held in December 2012 at New Delhi.
- Poster presented on “Changing trends in clinical profile of Severe Malaria in Children” in the 38th Annual Conference of the Academy of Paediatrics, Gujarat, held in December 2012 at Ahmedabad.
- Oral presentation on “The Role Of Complete Blood Count And CRP As Markers of Neonatal Sepsis in a Resource-Poor Setting” in Mid-Term Scientific Conference of the Academy of Paediatrics, Gujarat, held in June 2013 at Surat.
- Oral paper presentation” Impact Of Maternal COVID-19 Infection On Exclusive Breastmilk Feeding Of Low Birth Weight Infants – A Retrospective Cohort Study” in Neocon 2021, Bengaluru.
- Oral paper presentation “ Early colostrum to every baby - A quality improvement study” -IAP NEOCON 2022, international neonatology summit.
- Award paper presentation “Neurodevelopmental Outcome of Neonates Needing Positive Pressure Ventilation at Birth, with No or Mild Encephalopathy” – National Neonatology 2024 at Mahabalipuram. Have been a faculty for National Ventilation workshop, National Neonatology Conferences. 2 publications in international journals, 2 publications in National Journal, authored chapters in books.