

DR. HIMANI INDEEWAR

Consultant - ENT

Qualification

MBBS | MS - ENT | DNB | Fellowship in Head & Neck Surgical Oncology

Overview

Dr. Himani Indeewar is an experienced ENT and head and neck oncologist in Bangalore, currently practising as a Consultant - ENT & Head and Neck Oncology at Manipal Hospital Kanakapura Road. With over 13+ years of experience, Dr. Himani brings a deep commitment to holistic, multidisciplinary care in the management of both benign and malignant disorders of the ear, nose, throat, and head and neck region. Her practice combines surgical precision with compassionate patient interaction, ensuring each individual receives personalised and comprehensive care. With advanced training in head and neck surgical oncology and robust clinical experience, she is skilled in managing a wide range of ENT conditions, complex head and neck cancers, and reconstructive procedures. Dr. Himani began her medical journey with an MBBS, followed by an MS in ENT, both from J.L.N. Medical College, Ajmer. She then earned a DNB in ENT from the National Board of Examinations, Delhi. She further refined her expertise through a Fellowship in Head and Neck Surgical Oncology from The Gujarat Cancer and Research Institute (G.C.R.I.), Ahmedabad. This foundation allows her to handle high-complexity cases, including recurrent malignancies, advanced neck dissections, and composite resections. Dr. Himani is proficient in endoscopic and microscopic ENT surgeries, including tympanoplasty, mastoidectomy, stapedotomy, septoplasty, functional endoscopic sinus surgery (FESS), and endoscopic dacryocystorhinostomy (DCR). She has also independently performed multiple tonsillectomies and managed complex traumatic injuries, such as cut-throat and maxillofacial trauma, with excellent outcomes. In the realm of head and neck oncology, she has successfully performed composite resections of oral cancers, thyroidectomies, laryngectomies, parotidectomies, and neck dissections, demonstrating her capability in both curative and reconstructive approaches. She has also contributed to cochlear implant programs and assisted in more than 25+ surgeries involving auditory rehabilitation. Proficient in minimally invasive endoscopic procedures, Dr. Himani's clinical interests include endoscopic biopsies of nasal, nasopharyngeal, and antral lesions, as well as optic nerve decompression, for both diagnostic and therapeutic purposes. She is actively engaged in the critical care management of ENT patients, including those with airway compromise, infections, and malignancies that require coordinated post-operative care. Dr. Himani has a strong academic inclination, reflected in her multiple publications in indexed journals and participation in national conferences. Her research spans topics such as rare ENT malignancies, surgical techniques, and outcomes in sinus surgery. She has earned recognition for her work, including a first prize in temporal bone dissection and roles in organising and leading advanced cadaveric dissection workshops. She is known for her approachable demeanour, clarity in patient education, and dedication to achieving the best possible outcomes. Dr. Himani speaks multiple languages, enabling her to provide care to a wide range of patients in their preferred language.

Fellowship & Membership

- Fellowship in Head and Neck Surgical Oncology (2019) from The Gujarat Cancer and Research Institute (G.C.R.I.), Ahmedabad, Gujarat.

Field of Expertise

- All routine ENT surgeries:
- Tympanoplasty
- Mastoidectomy
- Facial nerve decompression
- FESS
- Septoplasty
- Adenoidectomy
- Tonsillectomy
- Micro laryngeal Surgery
- Optic nerve decompression
- CSF leak repair
- Endoscopic DCR
- Biopsy procedures of oral, Oropharyngeal, Laryngeal and oesophageal lesions
- Endoscopic biopsies of nasal, Nasopharyngeal and antral lesions
- Cochlear implant surgeries
- Composite resection of carcinoma of the oral cavity
- Laryngectomy
- Thyroidectomy
- Parotidectomy and excision of benign neck swellings and local flap reconstruction
- Robotic-assisted thyroid and other head and neck surgeries

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- Dissertation for MS ENT on "Clinicopathological Study of Benign Tumours of Larynx"
- Endoscopic removal of intranasal supernumerary tooth: a case report. IJLO 2018.
- Selective Neck Dissection Technique in the Treatment of Recurrent Pyriform Sinus Fistula. I.J.L.O. in 2018.
- Balloon Sinuplasty Outcomes-Our Experience, Under Review in JLO HNS.
- Onodi cell mucocele causing optic neuropathy: A rare case report - under review in J.L.O.
- Oral Malignancy in Xeroderma Pigmentosa - under review in I.J.S.O.