

DR. YASHAS R

Associate Consultant - Paediatrics and Child Care

Qualification

MBBS | MD (Paediatrics)

Overview

Dr. Yashas R is an experienced paediatrician in Kanakapura Road, Bangalore. He is currently practicing as a Consultant – Paediatrics at Manipal Hospital Kanakapura Road. Dr. Yashas brings a compassionate, patient-centric approach to child healthcare, drawing from his strong academic foundation and diverse clinical experiences. He specialises in the diagnosis, management, and treatment of common and complex paediatric conditions, with a deep interest in neonatal care, developmental paediatrics, and paediatric emergency medicine. Dr. Yashas completed his MBBS from Bangalore Medical College and Research Institute (BMCRI), one of Karnataka's most respected government medical institutions. Driven by his passion for child health, he pursued post-graduate training in paediatrics from Kasturba Medical College (KMC), MAHE, Manipal—a leading centre of paediatric education and research. During his post-graduation, he was actively involved in clinical research, case presentations, and academic forums. He presented a paper on the “Normal Intestinal Microbiological Profile in Healthy Preterm and Term Neonates” at an international conference, demonstrating his commitment to advancing neonatal science and evidence-based practice. Over the years, Dr. Yashas has gained extensive hands-on experience in both government and private healthcare settings. His administrative training from the District Training Institute further equipped him with the skills needed to implement quality assurance programs such as KAYAKALP and NQAS in public health settings. At Manipal Hospitals, Dr. Yashas has continued his clinical journey with a focus on delivering holistic paediatric care that integrates prevention, early detection, and prompt treatment. He has played a proactive academic role, conducting monthly Neonatal Resuscitation Programme (NRP) training sessions for nurses and offering peer education on topics like paediatric advanced life support (PALS) and critical care protocols. Dr. Yashas has attended several prestigious conferences and workshops across India, including the PEDICON National Conference, NAPEM (Paediatric Emergency Medicine), and Neurodevelopmental Paediatrics forums. His areas of interest include neonatal resuscitation, developmental delay, respiratory illnesses, and nutrition-related disorders. His ability to connect with young patients and their families, along with his evidence-based practice, makes him a trusted name in paediatric care at Manipal Hospital Kanakapura Road.

Field of Expertise

- New Born Care
- Vaccination and Nutrition
- Growth and Developmental Assessments
- Infectious Diseases
- Pediatric Acute and Chronic Health Conditions

Languages Spoken

- Kannada

- English
- Hindi
- Tulu
- Lambani