

DR. NANDINI A. S

Consultant – Dermatology

Qualification

MBBS | MD (Dermatology, Venereology, Leprosy)

Overview

Dr. Nandini A. S is a distinguished dermatologist in Kanakapura Road, Bangalore known for her expertise in clinical dermatology, immunodermatology, biologic therapies, and chronic skin diseases requiring long-term care. She currently serves as a Consultant – Dermatology at Manipal Hospital Kanakapura Road, Bengaluru, where she combines evidence-based treatments with an empathetic and patient-centric approach. With more than 2 decades of experience, she is widely recognised for her work in managing complex immuno-dermatologic disorders (pemphigus and psoriasis), urticaria, autoimmune blistering disorders, and chronic hair and skin diseases. Dr. Nandini completed her MBBS from Kempegowda Institute of Medical Sciences (KIMS), Bangalore, and pursued her MD in Dermatology, Venereology & Leprosy from JJM Medical College, Davangere, graduating as the top student in her batch. She further completed a Fellowship in Aesthetic Dermatology (FRGUHS) and holds an ACME certification in Medical Education, reflecting her dual focus on clinical excellence and academic leadership. Her training has shaped a career deeply rooted in ethical practice, scientific clarity, and compassionate dermatology care. Known for her early advocacy and expertise in biologic therapies for immune-mediated skin disorders, Dr. Nandini has been instrumental in refining rituximab protocols for pemphigus in India. Her practice spans acne scars, hair disorders, vitiligo, lichen planus, macular amyloidosis, allergic skin conditions, and dermatologic manifestations of systemic illnesses, with a special focus on skin health in diverse Indian skin tones. Her practice is firmly rooted in ethical clarity and patient-first principles. She consistently emphasises that ethical conduct is not optional in medicine but a lived responsibility. Her reputation as an exceptional listener sets her apart. In a time when medical consultations are often rushed, Dr Nandini is known for allowing patients the time they need to articulate their concerns fully, medical, emotional or cosmetic. Patients often describe her as someone who never interrupts and never dismisses even the smallest worry. For her, dermatology is inseparable from identity and emotional well-being. By ensuring patients feel heard and understood, she creates a foundation of trust that often marks the true beginning of their healing journey. Alongside her clinical practice, Dr Nandini is a respected academician and mentor. With over 23 publications, numerous national conference lectures, BDS research grant, and experience guiding 4 ICMR-funded research projects, she continues to influence the future of dermatology in India. She has also served as Principal Investigator in multiple clinical trials involving biologics for psoriasis, chronic spontaneous urticaria, acne, and atopic dermatitis, contributing valuable scientific data to Indian dermatology. Her expertise has earned her invitations as faculty and panelist at regional, state and national dermatology conferences, reflecting widespread professional respect. Dr Nandini has held several prominent roles, including President of the Bangalore Dermatological Society (BDS), where she launched the impactful “BDS Bus Awareness Programme” with the message: “Healthy Skin is Beautiful Skin – not just Skin Colour”. This initiative addressed societal colourism and promoted healthy skin practices for Indian skin types. Dr. Nandini has received multiple awards for clinical excellence, scientific contributions, and dermatology advocacy, including the Times Now Doctor’s Day Conclave Award (2025) and the Best Case Report Award by IJDVL. In June 2025, she was honoured at the ET Doctor’s Day Conclave in New Delhi as one of India’s “Inspiring Dermatologists”. Fluent in English, Kannada, and Hindi, she ensures seamless communication and trust among patients of varied backgrounds. Driven by ethical responsibility, scientific rigour, and compassionate communication, Dr. Nandini continues to lead dermatology forward through patient-centred care, community advocacy, and academic innovation. With her unmatched commitment to biologics in dermatology, management of complex immune-mediated skin diseases, and dedication to ethical and inclusive dermatology, Dr. Nandini A. S. stands as a trusted dermatologist at Manipal Hospital Kanakapura Road, Bangalore, offering research-based, holistic skin care.

Fellowship & Membership

- Fellowship in Aesthetic Dermatology (FRGUHS)
- ACME Certification in Medical Education
- FRGUHS (Aesthetic dermatology), ACME

Field of Expertise

- Clinical Dermatology
- Biologics in Dermatology (Psoriasis, Pemphigus, Urticaria)

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- Times Now Doctors Day Conclave Award 2025
- "Best department award" in the state for the year 2022, issued at CUTICON KN, Belgaum.
- Launched the "BDS Bus Awareness programme" in December 2023
- Best publication appreciation award-Indian Journal of IJDVL-Best case report-2011.
- Won 2nd prize for paper presentation at ACSICON 2011, "safety and efficacy of laser fractional photothermolysis for the treatment of post acne scars IN PATIENTS ON ISOTRETINOIN.
- Won 3rd prize for a poster on lymphomatoid papulosis responding to low-dose methotrexate. Best case report award - IJDVL- 2012.
- 2nd prize for paper presentation 2012 at ACSICON
- Academic registrar KIMS- 2017-2024
- Past president- Bangalore Dermatological Society, BDS- 21-23
- Past BDS Vice President (2017 to 2019), BDS General Secretary (2015 to 2017)
- CDS- Joint Secretary (2017 to 2019)
- PI for clinical trials, Part of MEU at KIMS- completed ACME

Talks & Publications

- 23 publications, Invited talks in state and national conferences
- 4 ICMR Projects
- BDS Research Grant Speaker on chronic hair loss in systemic diseases in Cuticon, Karnataka, November 2025
- Expert Faculty for "Management of challenging cases in clinical dermatology" on 08/6/2025 at MS Ramaiah Medical College.
- Skin Allergy Meet- Masterclass- Panellist for discussion on Management of Atopic dermatitis on 11/5/2025 by Skin Allergy Research Society with Bangalore Dermatological Society.
- Moderator for discussion on Scar management on 9/5/2025
- Speaker at CME on Inpatient Dermatology at St John's on 15/12/2024 on difficult scenarios of psoriasis

- Speaker at Guiderm Dermatology Summit on Psoriasis and comorbidities on 30/6/2024
- Faculty at "Pruritus CME" on 16/06/2024
- Expert Faculty for "Clinical Dermatology- Challenges and advances" on 10/3/2024 at MS Ramaiah Medical College
- As faculty for discussion on difficult-to-treat Acne on 11/01/2023 at CLEAR SYMPOSIUM
- Faculty at ROOTS Conference from 6th to 8th Jan 2023.
- Faculty for RBMET March 2023.
- Faculty at CUTICON KN 11TH TO 13TH 2022.
- Panellist for small molecules in dermatology at Mid-Dermacon at Mangalore, October 2021.
- Panellist Cuticon 2021- December for Biologicals in Dermatology.
- Moderated many presentations in online webinars in 2020 and 2021.
- Moderated webinar- challenging cases in dermatology: 26th May 2021.
- Webinar on Tofacitinib – 15th July 2021 as a panellist.
- Webinar on challenging and evolving a strategy in dermatophyte Infection- Speaker and panellist: 19th August 2021.
- Faculty in Cuticon, Karnataka, 2020- November.
- Invited talk at Resimed IADVL KN on Immunobullous disorders with 800 viewers on 8th Aug 2020.
- Invited talk at the Vittartha programme as speaker and panellist for presentation of challenging cases.
- Invited talk on our experience of Rituximab in Pemphigus in the state conference- Cuticon at Mysore 2018.
- Was invited to give a talk on Rituximab in Pemphigus at the South Zone conference in 2019.
- Award paper presentation at ASICON 2011- "Safety and Efficacy of Laser fractional photothermolysis for treatment of post-acne scars IN PATIENTS ON ISOTRETINOIN.
- Poster presentation at Cuticon 2011 on lymphomatoid papulosis responding to low-dose methotrexate.
- Award paper presentation at dermacon 2009- safety and efficacy of laser fractional photothermolysis for the treatment of post-acne scars in Indian patients.
- Free paper presented at Demacon 2009: evaluation of safety and efficacy of augmented fluorescent technology in hair removal.
- Poster presentation at dermacon 2006 on Hailey-Hailey disease – a case report.
- Poster presentation on topical steroid-induced Cushing's syndrome in Cutis 2006.
- Poster presentation on dual mycobacterial infection in HIV in cutaneous 2006.
- A study of Interleukin-15 in Vitiligo- ongoing study. Preliminary data presented at the Global Vitiligo Foundation Annual Symposium in Orlando, Florida, USA in March 2025.
- A study of Interleukin-15 in Alopecia areata accepted for IADVL research grant in 2024.
- Safety and efficacy of topical adaferrin and topical Imiquimod in treatment of cutaneous warts – A comparative study in 2022-24.
- Safety and efficacy of subcutaneous autologous serum therapy vs conventional intramuscular autologous serum therapy in patients with chronic spontaneous urticarial- a comparative study in 2022-24.
- Study on post-COVID Telogen effluvium accepted for RGUHS Research grant 2022-2023.
- A study of dermoscopic patterns of Wickham's striae in Lichen Planus-Int Journal of Research in Dermatology, March 2022.
- Study on Cutaneous Adverse Events of COVID vaccine, Jan 2022.
- Split-face comparative study of efficacy of Platelet Rich Plasma combined with micro needling versus micro needling alone in treatment of post-acne scars, March 2021 JCAS.
- "Skin as a window of internal disorder: Two cases of internal malignancy and hypervitaminosis B 12." Published in the ODO journal, 2021 Jan.
- Clinico-histopathological study of Lichenoid interface dermatitis in Archives of Medicine and Health Sciences Vol 8 Issue 1, Jan-June 2020.
- Acne scar subcision- JCAS 2008.
- Hailey-Hailey disease- a novel method of management by radiofrequency, 2009.
- PCALCL arising from lymphomatoid papulosis- JCAS 2010.
- TCA peel in management of macular amyloidosis- JEMDS 2014.
- A clinical study of mucocutaneous manifestations of HIV- JEMDS 2014.
- Painless nodule with excessive sweating-Journal of Cutaneous and Aesthetic surgery-2009.
- Generalised eruptive histiocytosis mimicking leprosy IJDVL-2011.
- A case report on "Alveolar soft art sarcoma presenting as metastatic nodule on the nose-IJDVL 2012.
- Clinico-mycological and investigative study of onychomycosis:-JEMDS 2013.
- Clinical and epidemiological study of cutaneous changes during pregnancy, JEMDS 2013.

- A study on the Cutaneous changes in diabetes Mellitus, JEMDS 2013.
- A clinical and epidemiological study of psoriasis and its association with various biochemical parameters in newly diagnosed cases, JCDR 2013.
- AKH - an association with PLE JEMDS 2013.
- Glomangioma- case report- JEMDS 2012.
- Spectrum of hidrocystomas- JEMDS 2013, spectrum of purpura fulminans-IJDVL.
- Culture and sensitivity study of dermatophytosis - BDS research grant, ICMR study on DLQI in acne patients.