

DR. SUSHAL SHANTHAKUMAR

Consultant - Shoulder & Sports Medicine

Qualification

MBBS – MS Ramaiah Medical College, Bangalore | MS (Orthopaedics) – Karnataka Institute of Medical Sciences KIMS, Hubli | Fellow, ISAKOS – Germany | Fellow, AGA – Germany

Overview

Dr. Sushal Shantakumar is a Bangalore-based renowned shoulder surgery specialist and orthopaedics consultant with impeccable educational qualifications and clinical experience. Right now, he is offering services as a Consultant for Shoulder Surgery and Orthopaedics at Manipal Hospitals, Kanakapura Road, Bangalore. With over 19 years of clinical expertise, this surgeon is eminent in performing keyhole/ arthroscopic surgeries and shoulder replacement procedures. In addition, he is highly skilled in fixing complex fractures of the humerus and scapula on the shoulder joints. His passion for treating shoulder injuries caused by contact or overhead sports led him to become an expert in Sports Medicine with elite sportsmen and athletes on his patients' list. He holds membership in the Indian Arthroscopy Society (IAS), International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS), and Bangalore Orthopaedic Society (BOS). Dr. Sushal is a top orthopaedic surgeon in Bangalore. Dr. Sushal Shantakumar holds a remarkable fellowship at Southwest German Sports Trauma Center for Arthroscopy & Sports Medicine, which is located in Stuttgart, Germany. He is also certified as a Shoulder Arthroscopy expert by Bulgaria's Eurovita Sports Center. Soon after completing his MBBS from MS Ramaiah Medical College in Bangalore, Dr. Shantakumar did his MS in Orthopaedics from the renowned KIMS in Hubli. He got his fellowship in Arthroscopy and Sports Medicine at German Arthroscopic Association (also known as Gesellschaft für Arthroskopie und Gelenkchirurgie) and AGA in Germany. With over two years of experience as an Assistant Surgeon at the German Sports Trauma Center, he shaped his skills as a specialist in Arthroplasty and Shoulder Arthroscopy. He offered services as a Consultant - Shoulder Surgery in Bangalore. Be it shoulder trauma conditions, shoulder replacement procedures, or arthroscopy procedures, this surgeon is adept in all forms of shoulder surgery. Whether it is complex fractures, AC joint dislocation, reverse shoulder replacement procedure, SLAP tears, total shoulder replacement, frozen shoulder, cuff tear-offs, or joint dislocation, he treats them all. He has performed over a hundred shoulder replacement surgical procedures and over a thousand arthroscopy or keyhole surgeries. Apart from being a successful orthopaedic surgeon, Dr. Shantakumar also creates and runs Postgraduate Degrees for Sports Clinicians, Therapists, and Surgeons. This orthopaedics specialist is also a lecturer plus tutor influencing budding surgeons about the nuances of Sports injuries and shoulder surgery at the National level. His proficiency in languages like German, Kannada, English, Tamil, Hindi, and Telugu helps patients from every part of the country converse easily when discussing their medical conditions and symptoms. Dr. Shantakumar is a member of several reputed professional organisations at the International and National level. His paperwork is published in several leading medical journals.

Fellowship & Membership

- Fellow in Arthroscopy & Sports Medicine from Southwest German Sports Trauma Center in Stuttgart, Germany
- Fellow in Shoulder Arthroscopy from Eurovita Sports Center in Sofia, Bulgaria
- Fellow of GERMAN ARTHROSCOPIC ASSOCIATION (Gesellschaft für Arthroskopie und Gelenkchirurgie)
- Member of ISAKOS, IAS, SESI, BOS, BAS, KAS

Field of Expertise

- Shoulder Arthroscopy surgeries to treat recurrent dislocations, rotator cuff tears, frozen shoulder, SLAP tears, AC Joint dislocation
- Shoulder Replacement including total shoulder replacement and reverse shoulder replacement surgery
- Shoulder Trauma including fractures around the shoulder joint and complex fractures of scapula and humerus
- Sports Medicine and Sports injuries including complex ligament reconstructions of knee and ankle

Languages Spoken

- English
- German
- Hindi
- Kannada
- Telugu
- Tamil

Awards & Achievements

- Dr Sushal routinely treats elite and professional athletes, with a particular interest in shoulder injuries in overhead and contact sports.
- Performed more than 1000 shoulder arthroscopy surgeries
- Adept in complex fracture fixation around the shoulder joint
- Performed more than 100 shoulder replacement surgeries

Talks & Publications

- He is involved in developing and running Postgraduate Degrees for Surgeons, Therapists and Sports Clinicians in Orthopaedics.
- Dr Sushal lectures and is also a tutor Nationally on Shoulder Surgery and Sports Injuries.
- He has published widely in medical journals and a member of many National and International professional organizations.