

DR. SANDEEP DIXIT

Senior Consultant - Orthopaedics

Qualification

MBBS | D. ORTHO | DNB ORTHO

Overview

Dr. Sandeep Dixit is a dynamic orthopaedic and joint replacement surgeon in Kanakapura Road, Bangalore, with over 15+ years of surgical and clinical experience. As a Senior Consultant - Orthopaedics at Manipal Hospital Kanakapura Road, Dr. Sandeep has built a reputation for excellence in hip and knee joint replacements, robotic surgeries, arthroscopic and sports injury management, and shoulder surgeries. His expertise combines technical precision with compassionate, patient-focused care, making him one of Bengaluru's most trusted names in orthopaedics. Dr. Sandeep completed his MBBS and Diploma in Orthopaedics (D'Ortho) from Bangalore Medical College, affiliated with the Rajiv Gandhi University of Health Sciences. He went on to earn his DNB in Orthopaedics from the Indore Institute of Orthopaedics and Traumatology, Madhya Pradesh. Dr. Sandeep's academic journey reflects a deep commitment to learning and refining surgical skills. Further enhancing his specialisation, he pursued a Fellowship in Joint Replacement Surgery in Puettingen, Germany, where he trained in advanced arthroplasty techniques and modern joint reconstruction practices. In addition, he has received training in arthroscopy, sports injury, and shoulder surgery both in India and abroad. In his clinical career, Dr. Dixit has performed more than 3,000 orthopaedic surgeries, ranging from complex hip and knee replacements to revision surgeries and arthroscopic reconstructions. He is widely recognised for his proficiency in robotic joint replacements and minimally invasive arthroplasty. His experience spans both primary and revision joint surgeries, ligament reconstruction, and shoulder procedures, where he applies modern surgical methods to ensure optimal functional recovery for patients. Academically, Dr Dixit is an active contributor to medical literature and research. His publications include studies on joint replacement, complex fractures, and rare orthopaedic cases, featured in leading national and international journals such as the Saudi Journal of Sports Medicine and the Journal of Orthopaedics, Traumatology and Rehabilitation. He has also presented papers at numerous conferences, including KOACON and Traumacon, discussing innovations in rehabilitation and joint replacement outcomes. For his contributions to orthopaedics, Dr. Dixit received the 'Young Orthopaedic Surgeon Award' at BOSCON 2015 in Bangalore. His professional philosophy centres on restoring mobility, relieving pain, and improving quality of life through advanced medical techniques and evidence-based care. Known for his empathetic nature and patient-first attitude, Dr. Dixit takes time to explain treatment options and guide patients through every step of their recovery. Dr. Dixit is fluent in Kannada, English, and Telugu, allowing him to connect effectively with patients from diverse backgrounds. His ongoing dedication to excellence in surgical outcomes and his commitment to patient well-being continue to define his career as one of innovation, skill, and integrity in modern orthopaedic care.

Fellowship & Membership

- Fellowship In Joint Replacements (Germany)

Field of Expertise

- Hip And Knee Joint Replacements
- Robotic Surgery
- Arthroscopic And Sports Injury Surgery
- Shoulder Surgery

Languages Spoken

- Kannada
- English
- Telugu

Awards & Achievements

- Young Orthopedic Surgeon Award- BOSCON 2015, Bangalore

Talks & Publications

- Rangaswamy D, Dixit S, Jagadeesan M. Staged Primary Fixation of Combined Bicruciate Traumatic Avulsion Fractures From Tibial Eminence. Saudi J Sports Med 2016;16:156-8.
- Dixit S, Jagadeesan MK, Jadhav S, Chikkarangappa R. Acute hematogenous E. coli osteomyelitis of bilateral tibia in chronic immune thrombocytopenic purpura. Saudi J Health Sci 2015;4:132-4.
- S N Goyal, S Dixit. Osteosynthesis Of Sub-Capital Femoral Neck Fractures With DHS And A De-Rotation Screw. The Journal Of Orthopaedics, Traumatology And Rehabilitation 2011; 2: 134-138.
- Goyal S N, Dixit S. De-Rotation Osteotomy For Congenital Proximal Radio-Ulnar Synostosis. The Journal Of Orthopaedics, Traumatology And Rehabilitation 2010; 3: 63-66., Dixit S, Chouhan V K, Dave J K, Kuroop C S. Locking Compression Plate In AO Type C Fractures Of Distal Femur And Proximal Tibia. The Journal Of Orthopaedics, Traumatology And Rehabilitation 2009; 2: 101-104.
- Dixit S, Chouhan V K, Dave J K, Kuroop C S. Bilateral Galleazzi Fracture – A Rare Entity. In Chattisgarh Chapter Indian Journal Of Orthopedics, Kini SG, Moses J, Dixit S, Vijaykumar N. Rare Case Of A Congenital Arteriovenous Malformation (Park Weber Angiodysplasia) Around The Elbow With Median Nerve Compression. The Internet Journal Of Orthopedic Surgery. 2009 Volume 14 Number 1. DOI: 10.5580/268b.