

DR. SWATHI RAO

Consultant - Pediatric Intensivist

Qualification

DNB (Pediatric) | IDPCCM (paediatric critical care)

Overview

Dr Swathi Rao is a highly experienced Paediatric Intensivist with over a decade of expertise in paediatrics and specialised training in paediatric critical care. Her medical journey began in 2011, and since 2018, she has been dedicated to intensive care, managing critically ill children and enhancing paediatric ICU services. Currently, Dr Swathi Rao is associated with KMC Hospital, Mangalore as a Consultant Paediatric Intensivist. Passionate about advancing paediatric critical care, Dr Swathi Rao aims to improve critical care services in district hospitals and establish safe transport networks for critically ill children. As a qualified teacher in paediatric critical care, she is also committed to launching a fellowship programme under the Indian Academy of Paediatrics-Intensive Care Chapter. She is the best Paediatrician in Mangalore. Dr Swathi Rao holds an MBBS, DNB in Paediatrics, and an IDPCCM Fellowship in Paediatric Critical Care from St. John's Medical College, Bangalore. Over the years, she has gained extensive experience in paediatric critical care, serving as a Senior Resident, Assistant Professor, Associate Professor, Professor and PICU In-charge at K S Hegde Medical Academy, Nitte University. Dr Swathi Rao, the best Pediatric Doctor Specialist in Mangalore, is highly skilled in performing advanced procedures, including central venous line insertion, high-frequency ventilation, functional echocardiography, and point-of-care ultrasound. Through her extensive knowledge and dedication, she continues to contribute significantly to paediatric critical care and medical education. Dr Swathi Rao specialises in managing life-threatening conditions in children, including Sepsis and Multiorgan Dysfunction Syndrome, Acute Respiratory Distress Syndrome (ARDS), Refractory Status Epilepticus, post-operative paediatric surgical care, and haematological emergencies. Dr. Swathi Rao is a highly skilled medical professional and trainer in Pediatric Advanced Life Support (PALS), actively conducting national and international workshops on ventilation and point-of-care ultrasound. With a strong commitment to medical education and patient care, she plays a pivotal role in training healthcare professionals in critical care techniques. Currently serving as the President of IAP Dakshina Kannada, Dr. Swathi Rao continues to contribute significantly to the field of paediatrics and emergency medicine through her leadership and expertise.

Fellowship & Membership

- Fellowship in Paediatric Critical Care (IDPCCM), St. John's Medical College, Bangalore

Field of Expertise

- Paediatric Critical Care
- Sepsis and Multiorgan Dysfunction Syndrome
- Septic Shock
- Acute Respiratory Distress Syndrome (ARDS)
- Refractory Status Epilepticus

- Acute Severe Asthma
- Haematological Emergencies
- Meningoencephalitis
- Acute Kidney Injury requiring Renal Replacement Therapy
- Post-operative care of Paediatric Surgery, Neurosurgery, Cardiac Surgery, and Paediatric Orthopaedic patients

Languages Spoken

- English
- Kannada
- Hindi
- Tulu
- Konkani
- Malayalam

Awards & Achievements

- First prize in poster presentation at the International Conference of Paediatric Critical Care
- Second prize in a quiz competition at the International Conference of Paediatric Critical Care
- Secretary of Paediatric Intensive Care Chapter, Karnataka (2022)
- Secretary of Indian Academy of Paediatrics, Dakshina Kannada Branch (2023, 2024)
- Published around 30 research papers in national and international journals
- Contributed chapters to paediatric speciality textbooks