

DR. SAIPRASAD BALIGA

Consultant - Orthopedics

Qualification

M.B.B.S. | M.S. in Orthopaedics | M.R.C.S. (Royal College, England)

Overview

Dr Saiprasad Sarvothama Baliga is a distinguished orthopaedic surgeon currently practising as a Consultant Orthopaedic Surgeon at KMC Hospital. He is also associated with the Kasturba Medical College (KMC) as an Assistant Professor in the Department of Orthopaedics. Dr Saiprasad, an expert Orthopaedic Surgeon in Mangalore completed his Bachelor of Medicine and Bachelor of Surgery (MBBS) at Kasturba Medical College, Mangalore in 2016, followed by a Master of Surgery (MS) in Orthopaedics from Jhalawar Medical College (Govt), Rajasthan, in 2021. Demonstrating his commitment to professional development, he attained the Membership of the Royal College of Surgeons (MRCS) of England in 2024. With over three years of clinical experience post-postgraduation, Dr Saiprasad has developed expertise in complex trauma, arthroscopy, sports medicine, and arthroplasty. He has actively performed and assisted in numerous cases involving complex trauma and knee and shoulder arthroscopy, reflecting his dedication to advancing patient care in these specialised areas. In addition to his clinical expertise, Dr Saiprasad is deeply invested in academic and research pursuits. He has contributed to the orthopaedic research community with several publications in SCOPUS-indexed international journals, covering topics such as femoral neck fractures, intertrochanteric fractures, and innovative methods in hand injury management. His commitment to research is further evidenced by his active participation in various national and international conferences and workshops, where he has presented papers and posters, thereby staying abreast of the latest developments in orthopaedics. Dr Saiprasad is also a member of several professional associations, including the Indian Orthopaedic Association (IOA), Karnataka Orthopaedic Association (KOA), Shoulder and Elbow Society of India (SESI), and Indian Arthroscopy Society (IAS). These affiliations enable him to collaborate with fellow professionals and contribute to the broader medical community. At KMC Mangalore, Dr Saiprasad is an active member of the Medical Education Unit (MEU) and serves as the Social Media Coordinator for the Department of Orthopaedics. These roles highlight his commitment to medical education and effective communication within the healthcare sector. Dr Saiprasad Baliga is a dedicated orthopaedic surgeon and academician whose blend of clinical proficiency, research acumen, and educational involvement significantly contributes to the field of orthopaedics.

Fellowship & Membership

- Indian Orthopaedic Association (IOA)
- Karnataka Orthopaedic Association (KOA)
- Indian Arthroscopy Society (IAS)
- SESI (Shoulder and Elbow Society of India)

Field of Expertise

- Complex Trauma

- Arthroscopy
- Sports Medicine
- Arthroplasty

Languages Spoken

- English
- Kannada
- Hindi
- Tulu
- Konkani

Talks & Publications

- Mortality and functional outcomes in elderly adults treated surgically by hemiarthroplasty for femoral neck fractures.
- Pertrochanteric fractures treated with long proximal femur nail: a prospective study at a tertiary hospital.
- Treatment of unstable intertrochanteric fracture in geriatric patients using primary cemented bipolar hemiarthroplasty with calcar femorale reconstruction: a prospective study.
- The Glove Hand: An innovative method for effective bedside preoperative flap planning in hand injuries.
- Floating hip injury managed in a single stage with good outcome- A case report.
- Acute Onset Groin Pain in a Pre-Adolescent Boy: A Diagnostic Dilemma – A Case report.
- Evaluating Outcome of Suprapatellar Nailing Technique in Proximal One- third Shaft Tibia Fractures.
- Study of the use of Sauve- Kapandji procedure in treating malunion of distal radius fractures.