

## DR. ABHISHEK SAMDESI C N

Associate Consultant – Cardiology

### Qualification

MBBS | MD (Respiratory Medicine) | DNB (Respiratory Medicine) | DM - Cardiology

### Overview

Dr. Abhishek Samdesi C N is a dedicated cardiologist in Bangalore. He is currently practising as an Associate Consultant – Cardiology at Manipal Hospital Millers Road, Bangalore. With a dual background in respiratory medicine and interventional cardiology, Dr. Abhishek brings a comprehensive understanding of cardiopulmonary health and patient care. Known for his clinical acumen, procedural expertise, and academic leadership, he is well-regarded among his peers for his diagnostic precision and strong commitment to continuous medical learning. Dr. Abhishek began his medical journey with an MBBS degree from Mandya Institute of Medical Sciences (MIMS), Mandya. He went on to earn his MD in Respiratory Medicine from Vydehi Institute of Medical Sciences & Research Centre, Bengaluru, where he secured the 3rd rank in RGUHS University examinations. He subsequently completed DNB in Respiratory Medicine from the National Board of Examinations, Delhi. Driven by a passion to bridge respiratory and cardiovascular health, he pursued a DM in Cardiology from Sathgiri Institute of Medical Sciences, Bengaluru (2022–2025), further refining his expertise in acute and chronic cardiac conditions. He is an experienced Cardiologist in Millers Road. His clinical journey is marked by rich hands-on experience across premier institutions. During his MD and DNB years, he worked extensively in outpatient, inpatient, and intensive care settings, handling cases related to interstitial lung disease, tuberculosis, COPD, and pulmonary hypertension. He is proficient in diagnostic and therapeutic bronchoscopies (over 100 performed), ultrasound-guided thoracic procedures, pleurodesis, sleep studies, and spirometry. In cardiology, his experience spans patient management in cardiac critical care units, outpatient clinics, and coronary care. He has independently performed coronary angiograms, angioplasties, pericardiocentesis, temporary pacemaker insertions, and transthoracic/transoesophageal echocardiography. He also underwent focused training in paediatric echocardiography at BMC and completed a 2-month rotation at Sri Jayadeva Institute of Cardiovascular Sciences, Bengaluru, in electrophysiology and paediatric cardiology. Dr. Abhishek has been deeply involved in academics and research. He has published extensively in both pulmonology and cardiology journals, including studies on interstitial lung disease, coronary angiography, and exercise-induced bundle branch blocks. Notably, he has authored a chapter in an IAN review and contributed to several ongoing case series awaiting publication. He has received accolades for his academic contributions, including 1st and 3rd prizes at national and state conferences such as WINCAR, ICCCON, and PULMOKARN. Beyond his clinical and academic achievements, Dr. Abhishek has actively participated in teaching undergraduate and postgraduate students, as well as cardiac care technicians. His contributions include structured bedside teaching, journal clubs, and seminar discussions. He also held administrative roles such as PG coordinator, CBME coordinator, and departmental web design lead at KMC, Manipal. He has played key roles in workshops related to echocardiography, bronchoscopy, endobronchial ultrasound, point-of-care ultrasound, and advanced cardiac imaging techniques, including cardiac MRI. An advocate of high-quality patient care and continuous improvement, Dr. Abhishek is known for his strong communication skills, team leadership, and rapport with patients and colleagues alike. His dedication to bridging pulmonology and cardiology continues to drive his contributions in patient care, research, and education. Moreover, he's a fluent speaker of English, Kannada, Hindi, Telugu, and Tamil, allowing him to offer compassionate care to patients from diverse linguistic backgrounds.

### Field of Expertise

- Respiratory Medicine
- Sleep Disorders
- Bronchoscopy
- Thoracic Ultrasound
- Cardiac Imaging
- Coronary Angioplasty
- Acute MI Management
- Pacemaker Insertion

## Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

## Awards & Achievements

- 3rd Rank - RGUHS MD Respiratory Medicine, 2020

## Talks & Publications

- Multiple publications in journals like IJCDW
- Int J Clin Cardiol
- Egyptian J Bronchol
- JACP - Poster and Paper at PULMOKARN 2020
- Presentations at ICCCON
- WINCAR
- SCIP India, and others