

DR. MARIE SHALINI CHICO

Consultant – Paediatrics & Neonatology

Qualification

MBBS | MD (Paediatrics) | Fellowship in Neonatology

Overview

Dr. Marie Shalini Chico is a highly skilled paediatrician and neonatologist in Bangalore. She is currently practising as a Consultant – Paediatrics and Neonatology at Manipal Hospital, Millers Road, Bangalore, bringing with her more than 15 years of rich clinical experience in caring for newborns, infants, children, and adolescents. With an extensive background in paediatrics and a super-specialised fellowship in neonatology, Dr. Chico has developed deep expertise in handling complex medical conditions in newborns, including premature babies, critically ill neonates, and those requiring intensive care. Her practice is built on a foundation of compassion, clinical excellence, and dedication to ensuring the best outcomes for both children and their families. Dr. Shalini began her medical journey with an MBBS from St. John's Medical College, Bangalore, where she trained in diverse areas of medicine while developing a special interest in child health. She then pursued her MD in Paediatrics at the same institution, honing her skills in diagnosing and managing a wide spectrum of paediatric conditions, from infectious diseases and respiratory disorders to neurological and metabolic conditions. Her academic journey was further strengthened by a Fellowship in Neonatology at St. John's Medical College Hospital, where she trained in advanced neonatal care. During her fellowship, she gained hands-on expertise in managing critically ill newborns, performing life-saving procedures, and providing comprehensive developmental follow-up for high-risk infants. Over the years, Dr. Shalini has held senior roles across renowned healthcare institutions in Bangalore, including serving as a Senior Registrar at Fortis Hospitals and a Junior Consultant at St. Martha's Hospital. In these positions, she played a key role in the management of neonatal and paediatric intensive care units, attended high-risk deliveries, and provided essential newborn resuscitation and stabilisation. At St. Martha's, she was instrumental in running a 25-bedded Level 3 NICU, establishing high-risk neonatal follow-up clinics, and training both postgraduate residents and nursing staff in evidence-based neonatal care. Her commitment to education and protocol development contributed significantly to improving outcomes and advancing neonatal services. Since 2015, Dr. Shalini has been practising as a senior consultant, where she established and led a Level 3 NICU unit. For nearly a decade, she has successfully managed some of the most challenging neonatal cases, including extremely low birth weight babies, infants requiring advanced ventilation, and those needing specialised post-operative care. She is especially passionate about breastfeeding support, kangaroo mother care, and the long-term neurodevelopmental follow-up of high-risk newborns, ensuring that infants not only survive but thrive in their early years. Dr. Shalini's clinical interests extend beyond acute care to preventive and holistic child health. She provides comprehensive care for paediatric patients, including routine growth and developmental assessments, immunisations, management of common childhood illnesses, and long-term care for chronic conditions. She is also deeply involved in counselling and supporting parents through the often challenging journeys of premature birth, developmental concerns, or chronic health issues. In addition to her clinical work, Dr. Shalini is an active participant in academic and professional forums. She has presented research at state and national conferences, winning accolades such as the best paper award at the Karnataka State Neonatology Conference. Her work has also been published in peer-reviewed journals, particularly her research on neonatal ventilation and extubation outcomes. She continues to be a certified trainer in neonatal resuscitation and has conducted numerous workshops for medical students, residents, and nursing staff, thereby contributing to the broader medical community. Fluent in multiple languages, including English, Tamil, Kannada, Malayalam, Telugu, and Hindi, Dr. Shalini can connect with families from diverse backgrounds, offering reassurance and clear communication at every stage of care. Her approach combines medical expertise with genuine empathy, making her a trusted partner for families seeking the highest standards of paediatric and neonatal care.

Fellowship & Membership

- Fellowship in Neonatology (St. John's Medical College Hospital)

Field of Expertise

- Neonatal Intensive Care (Level 3)
- High-Risk Newborn Follow-up
- Kangaroo Mother Care
- Breastfeeding Support
- Pediatric ICU Management
- NICU Administration

Languages Spoken

- English
- Tamil
- Kannada
- Malayalam
- Telugu
- Hindi

Awards & Achievements

- Best Paper Presentation - KARNEOCON 2011
- Represented St. John's in Paediatrics & Neonatology Quiz Competitions
- University Record Holder in Athletics (RGUHS)

Talks & Publications

- Fellowship research published in the Perinatology Journal (2018)