

DR. KUNAL KUMAR GUPTA

Associate Consultant - Medical Gastroenterology

Qualification

MBBS | DNB (Internal Medicine) | DrNB (Medical Gastroenterology)

Overview

Dr. Kunal Kumar Gupta is a skilled and compassionate gastroenterologist with over 11 years of clinical experience in diagnosing and managing a wide spectrum of gastrointestinal and hepatobiliary disorders. Renowned for his patient-centred approach, Dr. Gupta combines clinical expertise with empathy, ensuring that each patient receives personalised care tailored to their condition and comfort. He earned his MBBS from Calcutta National Medical College, followed by a DNB in Internal Medicine, and later completed his DrNB in Medical Gastroenterology from Peerless Hospital, Kolkata. His training also includes valuable international exposure through the Medical Training Initiative (MTI) at Medway Maritime Hospital in the UK, where he worked in Gastroenterology and Acute Medicine at the ST3 level. Additionally, Dr. Gupta holds a certificate in Evidence-Based Diabetes Management (CCEBDM) from the Public Health Foundation of India. Dr. Gupta is proficient in performing diagnostic and therapeutic endoscopies, including upper GI Endoscopy, Colonoscopy, Variceal Banding, Sclerotherapy, Argon Plasma Coagulation (APC), Haemoclipping, and Polypectomy. His clinical interests span inflammatory bowel disease (IBD), liver disorders, GI bleeding, acid-peptic disease, and functional bowel disorders. He is the best Gastroenterologist in Kolkata. Alongside clinical practice, Dr. Gupta maintains an active interest in academics and research. He has delivered multiple seminars and case presentations, mentored junior doctors during his residency, and completed research projects as part of his DrNB training. He regularly participates in continuing medical education (CME) programs, national conferences, and interdisciplinary clinical discussions to stay updated with the latest advancements in the field of gastroenterology. His research-oriented mindset enhances his ability to provide modern, guideline-driven, and high-quality care to his patients. Dr. Gupta is multilingual and fluent in English, Hindi, and Bengali, which allows him to communicate effectively with a diverse group of patients. His calm demeanour, clear communication, and ability to listen attentively make him a trusted figure among patients and families seeking gastrointestinal care.

Fellowship & Membership

- Member of the Indian Society of Gastroenterology (ISG)
- Member of the American College of Gastroenterology (ACG)
- Registered with West Bengal Medical Council (WBMC)
- Registered without a license to practice with the General Medical Council (UK)

Field of Expertise

- Specialises in Upper and Lower GI Endoscopy, to visually examine and diagnose conditions inside the oesophagus, stomach, small intestine, and colon using a flexible camera.
- Proficient in GI Bleeding Management, which involves locating and stopping bleeding in the digestive tract.
- Expertise in comprehensive diagnosis and treatment for chronic intestinal conditions like inflammatory bowel

disease (IBD).

- Specialising in medical care for hepatology (Liver Disease Management) conditions like hepatitis, fatty liver, and cirrhosis.
- Proficient in minimally invasive endoscopic treatments like Endoscopic Variceal Ligation (EVL) & Sclerotherapy to control bleeding from swollen veins in the oesophagus or stomach.
- Specialises in Colonoscopy with Polypectomy procedure to remove polyps from the colon to prevent colorectal cancer.
- Expertise in diagnosis and treatment of functional & motility disorders.
- Specialises in the management of acid-peptic disorders.
- Demonstrates skill in emergency gastroenterology, which requires rapid assessment and treatment of conditions like severe bleeding, obstruction, or perforation.

Languages Spoken

- Hindi
- English
- Bengali

Talks & Publications

- Delivered seminars and clinical case discussions during residency and consultant roles
- Presented findings from clinical research and thesis work during DrNB training
- Actively mentors junior medical residents and participates in academic rounds