

DR. SOUVONIK MANDAL

Consultant - Internal Medicine Specialist

Qualification

MBBS | MD (Medicine)

Overview

Dr. Souvonik Mandal is a dedicated Internal Medicine specialist with an overall 16 years of experience and a profound commitment to enhancing patient well-being. He currently practices as a consultant at Manipal Hospitals, Mukundapur, Kolkata. He did his MBBS from Calcutta University and his MD in Medicine from West Bengal University of Health Sciences. With a strong foundation in medicine and years of specialised training, he brings extensive expertise in diagnosing and treating a wide spectrum of medical conditions. His focus lies in Internal Medicine, where he strives to deliver comprehensive care that addresses the overall health needs of his patients. He is the foremost Internal Medicine specialist in Mukundapur, Kolkata. Dr. Mandal's diagnostic approach is meticulous, combining detailed medical histories with advanced diagnostic tests to ensure precise assessments. He specialises in managing chronic diseases such as diabetes, hypertension, and cardiovascular conditions, employing evidence-based practices to achieve optimal patient outcomes. Beyond clinical proficiency, Dr. Mandal values clear communication with his patients, ensuring they are fully informed about their conditions and treatment plans. His practice is rooted in empathy, recognising the importance of compassionate care in fostering a positive healing environment. He collaborates closely with patients, empowering them to make informed decisions about their health, which is central to his patient care philosophy. In addition to his clinical responsibilities, Dr. Mandal is actively involved in medical education, teaching MBBS, MD, and BDS students. He remains at the forefront of medical advancements through regular participation in conferences and continuing education activities, both as a speaker and a delegate. This commitment to ongoing learning enables him to offer his patients the latest and most effective treatments available. Dr. Mandal thrives in a multidisciplinary healthcare environment, where he collaborates seamlessly with other healthcare professionals to ensure an integrated approach to patient care. Whether managing complex medical cases or providing routine check-ups, his goal is to empower individuals to lead healthier lives through personalised and attentive medical attention. His passion for medicine and genuine dedication to his patients' well-being are evident in every aspect of his practice.

Fellowship & Membership

- Member of the Association of Physicians of India (API)

Field of Expertise

- Extensive expertise in Internal Medicine, focussing on the diagnosis, treatment, and management of a wide range of adult medical conditions, providing comprehensive care and personalised treatment.
- Specialises in Diabetology, managing diabetes and its related complications by employing evidence-based practices to help patients achieve optimal blood sugar control and reduce the risk of diabetes-related health issues.

- Proficient in Critical Care Medicine, where he manages patients with life-threatening conditions requiring intensive monitoring and treatment and ensures that critically ill patients receive the highest standard of care during their most vulnerable times.

Languages Spoken

- English
- Bengali
- Hindi
- Nepali

Awards & Achievements

- Associate Professor in Internal Medicine
- Certification in Good Clinical Practice
- PG Diploma in Advanced Diabetes and Endocrinology (UK)

Talks & Publications

- The Predictors of Early Mortality in HIV Infected Patients Initiating Antiretroviral Therapy in a Tertiary Hospital. Souvonik Mandal, Pijush Kanti Biswas, Debarati Sarkar. International Journal Dental and Medical Sciences Research. Volume 3, Issue 1, Jan-Feb 2021, Page No: 922-925 DOI: 10.35629/5252-0301922925
- A Study of Correlation between Portal Haemodynamics and Esophageal Varices in Cirrhotic Patients. Gouri Sankar Pal, Pijush Kanti Biswas, Souvonik Mandal. International Journal Dental and Medical Sciences Research. Volume 3, Issue 1, Jan-Feb 2021, Page No: 1023-1028 DOI: 10.35629/5252-030110231028
- A Study on Prevalence, Clinical Features and Organ Damage in Systemic Lupus Erythematosus (SLE) with Special Reference to Metabolic Profile- Uttam Kumar Mandal, Pijush Kanti Biswas, Souvonik Mandal, Alakes Kumar Kole. Journal of the Indian Medical Association. Volume 120, No 4, April 2022
- An Observational, Cross-sectional Study on Epidemiology and Clinical Spectrum of Tuberculous Meningitis in a Tertiary Care Hospital in Eastern India and Role of CSF CBNAAT for Rapid Diagnosis- Alapan Paul, Linkon Biswas, Soumyasil Das, Souvonik Mandal, Nirendra Mohan Biswas. Journal of Communicable Diseases Volume 54, Issue 3 - 2022, Pg. No. 6-14. DOI: <https://doi.org/10.24321/0019.5138.202283>
- Case report: Datta, Saikat & Saha, Sandip & Kar, Arnab & Mandal, Souvonik & Basu, Syamantak. (2014). Apert Syndrome. The Journal of the Association of Physicians of India. 62. 845-8. PMID: 26259326