

MS. CHANDRANI RAY NASKAR

Physiotherapist - Physiotherapy

Qualification

BPT (WBUHS)

Overview

Ms. Chandrani Ray Naskar is a dedicated physiotherapist at Manipal Hospitals, Mukundapur, with over 1 year of experience. She brings exceptional expertise in physiotherapy techniques to her academic knowledge. Ms. Naskar's academic pursuit involves a Bachelor of Physiotherapy (BPT) degree from the West Bengal University of Health Sciences. She helps patients recover from injuries and disabilities by providing personalised care. She is a top Physiotherapist in Kolkata. Ms. Naskar helps in addressing a range of conditions, from back pain, neck pain, and knee pain to ligament wear and tear and faster recovery from surgeries and fractures. Her expertise includes Eldercare Physiotherapy, Post-Operative Rehabilitation, Sports Physiotherapy, Cardio Pulmonary Rehabilitation, Acupuncture, and more. Her therapeutic approach includes Hot and Cold Packs, Electrical Stimulation, Transcutaneous Electrical Nerve Stimulation (TENS), and Ultrasonic Therapy. She is proficient in designing personalised treatment plans to help you regain your well-being. Ms. Naskar's commitment to her profession is evident in her dedication to continuous education and staying updated on the latest advancements in physiotherapy by attending several conferences and workshops. She is also an active member of the Indian Association of Physiotherapists (IAP). Ms. Naskar is committed to providing quality physiotherapy care with a strong focus on patient's needs. Ms. Naskar employs a comprehensive approach that is a perfect amalgamation of advanced techniques and lifestyle modifications. Fluent in Bengali, English, and Hindi, she effectively communicates the treatment, fostering an environment of trust and comfort. Ms. Naskar aims to provide high-quality physiotherapy care, helping patients get relief from pain and enjoy their normal lives as soon as possible.

Fellowship & Membership

- Indian Association of Physiotherapists (IAP)

Field of Expertise

- Expertise in a broad range of areas, including Eldercare Physiotherapy, Post-Operative Rehabilitation, Sports Physiotherapy, Cardio Pulmonary Rehabilitation, and Acupuncture.
- Specialises in addressing chronic pain from various conditions, including back pain, neck pain, and knee pain to ligament wear and tear, through a combination of advanced therapeutic techniques and personalised care plans.
- Skilled in utilising a variety of therapeutic modalities, like Hot and Cold Packs, Electrical Stimulation, Transcutaneous Electrical Nerve Stimulation (TENS), and Ultrasonic Therapy to alleviate pain and promote recovery.

Languages Spoken

- Bengali
- English
- Hindi