

MS. RAMA PURKAIT

Physiotherapist - Physiotherapy

Qualification

BPT (WBUHS)

Overview

Dr. Rama Purkait is a dedicated physiotherapist practising at Manipal Hospitals, Mukundapur, Kolkata, with an overall experience of over 2 years. Having pursued her Bachelor of Physiotherapy (BPT) degree from the West Bengal University of Health Sciences (WBUHS), Dr. Purkait is dedicated to enhancing the health and well-being of her patients. She is the best Physiotherapist in Kolkata. With a strong foundation in physiotherapy, Dr. Purkait offers a comprehensive approach to physical rehabilitation and pain management. She addresses a wide array of conditions, ranging from acute injuries to chronic pain and post-surgery recovery. Specialising in Manual Therapy, she employs precise techniques to boost strength and mobility and improve motor control. She supports post-surgery patients in improving their coordination, balance, and walking while managing their pain effectively and helping them regain their independence in daily tasks. She is also proficient in designing and implementing tailored exercise plans to improve strength, flexibility, and physical fitness. Dr. Purkait's commitment to her profession is evident in her dedication to continuous education and staying updated on the latest advancements in physiotherapy by attending several conferences and workshops. She is also an active member of the Indian Association of Physiotherapists (IAP). She guides her patients towards holistic rehabilitation, prioritising their unique needs, and supporting them throughout treatment. Dr. Purkait's empathetic and patient-centred approach fosters a supportive, trusting, and therapeutic environment. Her fluency in Bengali, English, and Hindi allows her to communicate effectively and build strong relationships with her patients. Her compassionate care makes her an invaluable partner in the patient's treatment journey, ensuring their optimal physical health and a better quality of life.

Fellowship & Membership

- Indian Association of Physiotherapists (IAP)

Field of Expertise

- Specialises in Manual Therapy to alleviate pain and improve mobility. Her precise techniques help boost strength and improve motor control.
- Expertise in Post-surgery Rehabilitation, helping patients regain coordination, balance, and mobility. Her customised recovery plans help with effective pain management and regaining independence in daily tasks.
- Specialises in holistic physiotherapy treatment, considering the physical, emotional, and lifestyle factors that impact health.

Languages Spoken

- Bengali
- English
- Hindi