

## MR. KOUSHIK CHOWDHURY

Physiotherapist

### Qualification

BPT (WBUHS)

### Overview

Dr. Koushik Chowdhury is a highly skilled physiotherapist in the Department of Physiotherapy at Manipal Hospitals, Mukundapur, Kolkata, with over 6 years of experience. Dr. Koushik is a graduate with a Bachelor of Physiotherapy (BPT) from the West Bengal University of Health Sciences (WBUHS) and is committed to enhancing the patient's quality of life through personalised and effective treatment plans. He is a good Physiotherapist in Kolkata. Dr. Chowdhury specialises in offering a variety of therapies suited to the patient's needs, including musculoskeletal disorders, injuries, neurological conditions, posture-related issues, and post-surgical rehabilitation. He utilises a combination of hands-on techniques, targeted exercises, and advanced therapeutic modalities to enhance mobility, reduce pain, and improve general physical function. His approach to physiotherapy is rooted in the belief that each patient is unique, necessitating a tailored approach to treatment that addresses individual needs and goals. His patient-centric approach extends beyond treatment. He is also an active member of the Indian Association of Physiotherapists (IAP), allowing him to keep abreast of the latest techniques in physiotherapy. His commitment to the field is established by his attendance at several conferences and workshops across the state, allowing him to integrate innovative techniques and evidence-based treatment plans, ensuring high standards of care. Dr. Koushik's fluency in Bengali, Hindi, and English allows him to communicate effectively and educate his patients about their condition and the process towards recovery. He believes educating the patients about the treatment can significantly enhance the effectiveness of treatment and ensure long-term benefits. His holistic approach not only focuses on treatment but also addresses the underlying cause of pain and discomfort, promoting overall well-being.

### Fellowship & Membership

- Indian Association of Physiotherapists (IAP)

### Field of Expertise

- Expertise in manual physiotherapy techniques to alleviate pain and improve mobility
- Specialises in designing customised exercise plans to strengthen muscles and improve flexibility
- Proficient in providing physiotherapy care to post-surgical patients, helping them recover and regain function faster

### Languages Spoken

- Bengali
- English
- Hindi