

MR. SUBHADIP PAUL

Consultant - Neuro Physiotherapist

Qualification

Master of Physiotherapy (Neuro)

Overview

Mr Subhadip Paul is a dedicated and skilled neuro-physiotherapist with experience in providing expert care to both outpatients and inpatients suffering from different neurological conditions. He is committed to optimising patients' physical function, reducing pain, and enhancing their overall quality of life through physiotherapy. For this, he implements evidence-based neurorehabilitation techniques that improve patients' mobility, strength, balance, and coordination. He is also responsible for managing a clinical caseload, providing physiotherapy assessment and treatment to the highest standard. Besides this, he is also involved in monitoring and documenting patients' progress and adjusting treatment plans, as needed, to achieve optimal outcomes. He keeps enhancing his skills through his participation in various camps and workshops. This includes the workshop on Parkinson's Rehabilitation organised by IAP (WB)- Kolkata in 2016, the seminar on Maximising Potential Recovery with Stroke Rehabilitation at Nehru Memorial Techno Global Hospital in 2019, and the Health Awareness Camp at CISF Unit- ASG Bagdogra in 2022. He has also been a part of the Initiative of Continuing Medical Education organised by Narayana Superspeciality Hospital- Howrah on Mastering the role of Physiotherapy in Soft Tissue Balancing of Knee Resurfacing Surgery in 2021. Mr Paul prefers to work in collaboration with a multidisciplinary team, including neurologists, occupational therapists, and speech therapists, to ensure holistic care. He has been conducting comprehensive assessments to develop personalised treatment plans for patients with various neurological conditions, including stroke, spinal cord injuries, and Parkinson's disease. He has the experience of working with patients suffering from debilitating conditions such as cervical spondylitis, frozen shoulder, back pain, arthritis, fractures, sports injuries, head injuries, strokes, and cerebral palsy. Mr. Subhadip remains committed to educating patients and their families on home exercise programs and self-management strategies.

Fellowship & Membership

- Life Member of the Indian Association of Physiotherapists.

Field of Expertise

- Mr Paul is proficient in Neurorehabilitation, which focuses on restoring function and improving the quality of life for individuals with neurological conditions.
- He is a gait training expert helping patients regain safe and efficient walking patterns through targeted exercises and assistive techniques.
- He is adept in strength and mobility assessment, evaluating physical capabilities and developing personalised rehabilitation plans.
- Mr Paul holds a special expertise in employing pain management strategies to reduce discomfort and enhance patient participation in therapy.

- He is actively involved in patient education to empower patients with knowledge about their condition, recovery process, and self-management strategies.
- He is competent in integrating care and ensuring a comprehensive and coordinated approach to treatment through multidisciplinary collaboration and teamwork.

Languages Spoken

- English
- Hindi
- Bengali