



## DR. AJAY HEGDE

Consultant - Orthopaedics

### Qualification

MBBS | MS

### Overview

Dr. Ajay Hegde is an experienced orthopedic surgeon in Mysuru. He is currently practicing as a Consultant in orthopedics at Manipal Hospital, Mysuru. With over 20 years of expertise in orthopedic care, Dr. Hegde specializes in the treatment of complex musculoskeletal conditions and spine disorders. Dr. Hegde earned his MBBS degree from JSS Medical College, University of Mysore, in 1991, followed by an MS in Orthopaedics in 1997 from the same institution. His academic foundation is bolstered by substantial experience managing a range of orthopaedic cases, including congenital and degenerative spinal issues. His extensive teaching background as an Associate Professor in Orthopaedics further enhances his skills, allowing him to stay current with advancements in the field and deliver high-quality care to his patients. Specializing in pediatric orthopedics and spine surgery, Dr. Hegde is proficient in performing complex procedures such as scoliosis correction, endoscopic spine surgeries, and thoracoscopic debridement for spinal tuberculosis. He has performed over 3000 pediatric orthopedic and spine surgeries, underscoring his commitment to delivering specialized care. Dr. Hegde also has significant expertise in managing conditions like cerebral palsy, where he utilizes tendon transfers, Botox infiltration, and fractional releases to improve motor function and quality of life. In his commitment to preventive and corrective care, Dr. Hegde advocates for early diagnosis and timely intervention, especially for pediatric conditions. His dedication to orthopedic health and rehabilitation extends beyond surgery, encompassing counseling for patients and their families on postoperative care and preventive strategies. He regularly participates in specialized workshops and training, ensuring he applies the latest techniques and evidence-based practices in his consultations and surgical procedures. Dr. Hegde is also actively involved in research and the presentation of findings at conferences. He has presented papers on topics such as congenital scoliosis and fenestration discectomy, contributing valuable insights to the field. His participation in numerous professional workshops, such as the Minimally Invasive Spine Surgery workshop, strengthens his technical skills and reflects his commitment to continuous learning. As a multilingual specialist fluent in English, Kannada, and Hindi, Dr. Hegde effectively communicates with a diverse range of patients, ensuring they feel informed and confident throughout their care journey. His patient-centered approach and emphasis on holistic care make him a trusted consultant for families in Mysuru seeking orthopedic expertise.

### Field of Expertise

- Over 20 Years of Experience.

## Languages Spoken

- English
- Kannada
- Hindi

## Talks & Publications

- Manipal in a first of its kind in coastal Karnataka treats a Parkinson's Patient with Brain Stimulation garners media attention. [Click Here](#)