

BANDANA DEBBARMA

Physiotherapist

Qualification

MPT (Musculoskeletal Disorder and Sports)

Overview

Ms. Bandana Debbarma is an excellent physical therapist with a remarkable zest for the medical field. She possesses an incredible array of certificates and memberships, making her a paragon of knowledge and expertise in her industry. Ms Debbarma, who is certified by the illustrious Indian Association of Physiotherapists (MIAP), continuously strives for excellence and searches for opportunities to expand her knowledge and acquire new skills. Being an Officer at the famous Manipal Hospital is a testament to Ms Debbarma's abilities and leadership. Her exceptional skills were exhibited in the Khelo India University Games in Bangalore, Karnataka, in 2021, when she was also honoured as an osteopath. Her many honours and achievements, which include a speciality in Spinal Cord Injury Rehabilitation, bear witness to her thirst for knowledge and growth. This remarkable feat reveals her deep understanding of the challenges involved in treating patients with spinal cord injuries. She is a famous physiotherapist in Old Airport Road One of Ms. Debbarma's important contributions to spinal cord injury rehabilitation is how her in-depth knowledge and caring manner have helped improve patient care and recovery significantly. Her love of orthopaedics inspired her to pursue certification in orthopaedics manual therapy (C.O.M.T.), which has allowed her to offer patients with orthopaedic disorders specialised treatment and attention. Additionally, Ms Debbarma demonstrates her dedication to all-encompassing and thorough patient care by keeping up with current developments in neuro and onco-rehabilitation. This keeps her at the forefront of her field. No wonder she is considered one of the best physical therapists in Bangalore. Ms. Debbarma possesses remarkable skills in various fields, including cardiac and pulmonary rehabilitation, critical care/MICU and ITU management, acute orthopaedic injuries (conservative), replacement and ligament reconstruction rehabilitation, and fracture rehabilitation. Ms Debbarma is a multi-linguist and is well-versed in English, Kannada, Marathi, and Hindi. Therefore, he can address a vast audience across India ensuring empathetic and effective communication with his patients. Ms Debbarma's certification in therapeutic taping and clinical & sports dry needling (CDNP) exemplifies her unwavering commitment to providing comprehensive and customised therapy. She can adapt treatment plans using these specific skills to match each patient's unique needs, displaying her dedication to delivering top-notch outcomes. Ms Bandana Debbarma approaches physical therapy in a way that can only be characterised as exceptional. Because of her compassionate nature and unwavering dedication to her patient's health, she is regarded as a leader in her field. With her holistic approach, Ms Debbarma helps her patients overcome physical challenges and go on a healthier and more fulfilling life.

Fellowship & Membership

- Member in IAP Reg no : L-45114

Field of Expertise

- PT Management in Spinal Cord Injury

- Stroke Management
- Therapeutic Taping
- ICU Rehabilitation
- ITU Rehabilitation
- CCU Rehabilitation
- CDPN (Certified in Clinical & Sports Dry needling)

Languages Spoken

- English
- Hindi
- Bengali
- Kokborok
- Kannada
- Tamil
- Odia
- Assamese

Awards & Achievements

- Osteopathy Practitioner
- Khelo India University Games 2021, held at Bengaluru, Karnataka.
- Certified in Therapeutic Taping
- CDPN (Certified in Clinical & Sports Dry needling)