



## DR. ARUNA KUMAR

Consultant – Dermatology

### Qualification

MBBS | DVD | DNB

### Overview

Dr. Aruna Kumar is a highly skilled and accomplished dermatologist with expertise in various dermatological treatments and procedures. With a solid academic background and extensive experience, Dr. Kumar has established himself as a leading professional in the field of dermatology. Dr. Aruna Kumar completed his MBBS, DVD, and DNB, demonstrating his commitment to continuous learning and professional development. He has dedicated himself to the study and practice of dermatology, ensuring that he stays up-to-date with the latest advancements and techniques. His qualifications reflect his medical, solid knowledge foundation, and dermatological care expertise. He is a foremost consultant dermatologist in Old Airport Road, Bangalore. Dr. Kumar's field of expertise lies primarily in dermatology. He comprehensively understands various skin conditions, diseases, and their management. His expertise extends to performing laser surgeries, including Q-Switched Laser treatments for melasma, dark circles, and lichen planus pigments (LPP). These procedures utilise advanced laser technology to address specific dermatological concerns effectively. Dr. Aruna Kumar specialises in vitiligo surgery, which involves the transplantation of melanocytes to restore pigmentation in affected areas. This intricate procedure requires precision and expertise. The doctor is also skilled in Dermapen, a micro-needling technique that stimulates collagen production and enhances skin rejuvenation. This procedure effectively treats acne scars and fine lines, providing patients with smoother and more youthful-looking skin. For the same reason, he is considered the best dermatologist in Bangalore. Moreover, Dr. Aruna offers Platelet-Rich Plasma (PRP) therapy, a cutting-edge treatment that utilises the patient's blood components to stimulate tissue regeneration and rejuvenation. PRP therapy has gained popularity recently due to its natural and safe approach to improving skin quality and treating hair loss. Chemical peels are another area of Dr Kumar's expertise. He administers these treatments to address various skin conditions, such as acne, pigmentation issues, and signs of ageing. Chemical peels effectively remove damaged layers of skin, revealing a healthier and more radiant complexion. Dr. Aruna Kumar is fluent in multiple languages, including English, Kannada, and Hindi. This linguistic versatility enables him to effectively communicate with patients from diverse backgrounds, ensuring clear understanding and personalised care. In recognition of his exceptional academic performance, Dr. Kumar distinguished himself as the topper in DVD (Bangalore University). This accomplishment exemplifies his dedication and commitment to excellence in his field. Moreover, Dr. Kumar has effectively qualified for the United States Medical Licensing Examination (USMLE). This worldwide acknowledgement further confirms his skills and shows his capacity to give top-notch medical care worldwide.

### Fellowship & Membership

- BDS – Bangalore Dermatological Society
- IADVL

## Field of Expertise

- Dermatology
- Laser Surgeries
- Vitiligo Surgeries
- Q- Switched Laser (for Melasma, Dark Circle, LPP)
- Dermapen (Micro needling)
- PRP
- Acne Scars
- Micro Pigmentation Treatment
- Chemical Peels

## Languages Spoken

- English
- Kannada
- Hindi

## Awards & Achievements

- Qualified United States Medical Licensing Examination (QSMLE).
- Topper in DVD (Bangalore University)