



DR. ALIA VIDYADHARA

Lead Consultant - Spine Anaesthesiology

Qualification

MBBS | MD (Anaesthesiology)

Overview

Dr. Alia Vidyadhara is a renowned medical practitioner who is currently practising as HOD & Consultant Spine Anaesthesiologist at Manipal Hospital, Old Airport Road, Bangalore. With more than a decade of specialised experience, she is well-known for her attention to detail, precise diagnosis, and compassion towards treating her patients. Dr. Alia completed her MBBS from KMC, Mangalore, with first-class distinction and then moved on to pursue her MD in Anaesthesiology from the same institute. In 2010, she completed the prestigious Clinical Fellowship in “Anaesthesia and Intensive Care” from the National University Hospital, Singapore. She is a foremost anaesthesiologist in Old Airport Road, Bangalore. Being an experienced medical professional in different aspects of Anaesthesiology, Dr. Alia Vidyadhara has a keen interest in paediatric and regional anaesthesia. She helps paediatric patients with their surgical procedures, making everything as stress-free as possible for both the kid and their parents. Her specialisation involves Spine Anaesthesiology, which requires the delicate hands of a highly trained professional. Dr. Vidyadhara knows the importance of accurate anaesthesia for a surgical procedure. So, she aims to create a welcoming and calm atmosphere for patients to ease in. The educational accomplishments, combined with an empathetic approach towards patients, make Dr. Alia Vidyadhara one of the most renowned anaesthesiologists in Bangalore. Being multilingual, Dr. Alia can fluently speak English, Hindi, Kannada, and Urdu. This allows her to connect with a diverse patient populace at ease. She can elaborate on every necessary detail to the patient in the easiest language possible so that they can stay calm. With her passion towards educating the medical community, Dr. Alia played an instrumental role in starting the Manipal Spine Anaesthesia Fellowship Programme under the aegis of MAHE (Manipal Academy of Higher Education), Manipal. Dr. Alia has participated in several talks and publications. It includes an oral presentation as the co-author of the “Fast Track Extubation in Severe Scoliosis with Cor Pulmonale: The Role of Non-Invasive Ventilation” at the 19th ASPA (Asian Society of Paediatric Anaesthesiologist Conference) & 31 KSPA (Korean Society Of Paediatric Anaesthesiologists) Annual Meeting. Dr. Vidyadhara gave another oral presentation at the ISSACON 2019 -67 Annual Conference of the Indian Society of Anaesthesiologists on “Does the Type Of Anaesthesia Affect Duration Of Hospitalisation In Robotic Colorectal Surgeries?” Additionally, she has published a case report on “Pulmonary Aspiration during anaesthesia following Laparoscopic Cholecystectomy” in the J Anesth Clin Pharmacol 2006. Dr. Vidyadhara has also published her papers in the esteemed Indian Journal of Anaesthesia (IJA) and delivered guest lectures at CME and anaesthesia forums. She is a prestigious member of the Indian Medical Association and the Indian Society of Anaesthesiologists. Such elaborate accomplishments, active participation, and dedication towards her profession make Dr. Alia Vidyadhara a highly regarded doctor.

Fellowship & Membership

- Fellow in Anaesthesiology and Intensive Care, NUH, Singapore
- Indian Medical Association
- Indian Society of Anaesthesiologists

Field of Expertise

- Special interest in Paediatric Anaesthesia and Regional Anaesthesia
- Provide services for patients coming for all surgeries except Cardiac and Organ Transplantation

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- Fellowship in Anaesthesia and Intensive Care, NUH, Singapore

Talks & Publications

- Publication in IJA
- Guest talks at CME and Anaesthesiology Forums