

DR. ADITYA G HEGDE

Consultant - Diabetes & Endocrinology

Qualification

M.B.B.S (VIMS,Bellary RGUHS ,Karnataka) | M.D(Gen. Medicine) (VIMS,Bellary RGUHS ,Karnataka) | DNB(Endocrinology) (Yashoda Hospital,Secundrabad)

Overview

Dr. Aditya G Hegde is an exceptionally skilled endocrinologist with credentials including DNB in Endocrinology, Diabetes, Metabolism, MBBS, and MD in General Medicine. He is currently practising as a Consultant in Diabetes & Endocrinology at the Manipal Hospitals, Old Airport Road, Bangalore. He has ten years of extensive expertise - three years as a specialist - in various endocrine conditions, including paediatric endocrine disorders, osteoporosis, thyroid, parathyroid disorders, diabetes, obesity, metabolic disorders, bone and mineral disorders, and short stature. He completed his MBBS degree from the Rajiv Gandhi University of Health Sciences in 2009; MD in General Medicine from VIMS, Bellary (RGUHS), Karnataka, in 2013; and a DNB in Endocrinology, Diabetes, Metabolism from Yashoda Hospitals, Secunderabad, in 2018. Dr. Hegde has also achieved a Post Graduate Diploma in Clinical Endocrinology and Diabetes course certified by the Royal College of Physicians. He is a Karnataka Endocrine Society, ISBMR, and Medical Council of India (MCI) member and can speak fluently in Kannada, English, and Hindi. Dr. Aditya is a foremost endocrinologist in Old Airport Road, Bangalore. Dr. Aditya G Hegde can competently look after thyroid treatment, diabetes management, goitre treatment, lactation counselling, and hypertension treatment. He won the third prize in the State Psychiatry Quiz at Father Muller's College, Mangalore, in 2005. Furthermore, he ranked 5th in the Rajiv Gandhi University of Health Sciences for MD in Medicine. Dr. Hegde's remarkable achievements include being awarded the President's NBE Gold Medal in Endocrinology for the DNB Final Examination in December 2017. He is academically very sharp and a very sought-after doctor for the treatment and management of diabetes. Dr. Aditya G. Hegde has published various research articles in international journals. His research work includes articles on topics such as Thyroid Stimulating Hormone (TSH) Secreting Pituitary Adenoma and Doege-Potter Syndrome, both of which have been published in the International Journal of Advanced Research. Besides his clinical accomplishments, Dr. Hegde is a prolific student, having published a thesis titled 'Study of the prevalence of NAFLD and advanced hepatic fibrosis in Indian type 2 diabetic patients', and various research papers in international journals. He is a fantastic speaker, lecturing on multiple facets of endocrinology at national and international conferences. Dr. Aditya G. Hegde is a highly performing and respected endocrinologist with a fortune of knowledge and research in the field. Some of his services include goitre treatment, hyper/hypo - thyroidism treatment, diabetes management, hypertension treatment, lactation counselling, PCOD/PCOS treatment, jaundice treatment, thyroid swelling treatment, thyroid disorder treatment, management of diabetes in children, bioidentical hormone therapies for men and women, and gestational diabetes management. Dr. Hegde's consultation timings are from 09:00 AM to 04:00 PM on Tuesdays, Thursdays, and Saturdays at the Manipal Hospitals, Old Airport Road, Bengaluru

Fellowship & Membership

- Member of Karnataka Endocrine Society
- Member of ISBMR

Field of Expertise

- Diabetes, Obesity and Metabolic Disorders
- Thyroid and Parathyroid Disorders
- Short stature and Paediatric Endocrine Disorders
- Osteoporosis, Bone and Mineral Disorders
- Pituitary Disorders
- Disorders of Adrenal Glands
- Cancers of the Endocrine Glands
- Hypertension and Electrolyte Disorders
- Infertility and Reproductive Disorders

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Received AWARD of PRESIDENT, NBE GOLD MEDAL in the specialty of ENDOCRINOLOGY for DNB Final Examination(DECEMBER 2017 Session).
- Secured 5 th rank in Rajiv Gandhi University of Health Sciences in M.D MEDICINE in 2013.
- Won 3 rd prize in State Psychiatry Quiz held at Father Muller s college ,Mangalore in 2005.

Talks & Publications

- THESIS titled “Study of prevalence of NAFLD and advanced hepatic fibrosis in Indian type 2 diabetic patients and predictors of advanced hepatic fibrosis in these patients in a tertiary care hospital”
- Completed Post Graduate Diploma in Clinical Endocrinology and Diabetes course certified by Royal College of Physicians
- Thyroid Stimulating Hormone (TSH) Secreting Pituitary Adenoma: A Rare Cause of Thyrotoxicosis - Research Article, Published in International Journal of Advanced Research - 2017
- Case Report: Doege-Potter Syndrome - Research Article, Published in International Journal of Advanced Research - 2016
- Dr. Aditya G Hegde on What is Diabetes? | Healthshots.[Click Here](#)