

DR. ARYA ROY

Consultant - Orthopaedic (Hand & Wrist) Surgeon

Qualification

MD Physician (MBBS) | DNB (Orthopaedic Surgery)

Overview

Dr. Arya Roy, MD Physician (MBBS), DNB Orthopaedic surgery, is a highly skilled Consultant Orthopaedic surgeon specialising in Hand & Wrist surgery. With a comprehensive educational background and years of hands-on experience, Dr. Roy has established himself as a prominent figure in the field of orthopaedic trauma surgery, particularly focusing on intricate hand and upper limb ailments. Having completed his medical education, Dr. Roy pursued further specialisation in Orthopaedic surgery, honing his skills in the management of complex hand and wrist conditions. He underwent rigorous training at Ganga Hospital, Coimbatore, renowned globally for its excellence in Orthopaedics and hand surgery. The expertise of this best orthopedic surgeon in Kolkata lies in non-microvascular hand surgery and rehabilitation. He possesses a keen understanding of the intricate anatomy and biomechanics of the hand and wrist, enabling him to provide optimal treatment solutions for a wide array of conditions. His dedication to the field is reflected in his continuous pursuit of knowledge and skills enhancement through fellowships and participation in various professional development programs. Recipient of a Fellowship in Hand surgery and reconstructive microsurgery, Dr. Roy has been recognised for his outstanding contributions to the field. He was awarded the Inland Fellowship in Hand Surgery by the Indian Society for Surgery of the Hand, a testament to his commitment to excellence. Dr. Roy's professional achievements extend beyond clinical practice. He is actively involved in academia and is a sought-after speaker at State, National, and International conferences on Hand and wrist surgery. His expertise is widely acknowledged, and he has been instrumental in training and mentoring aspiring orthopaedic surgeons through the "Train the Trainer" program initiated by the Indian Society of Surgery of the Hand. In addition to his clinical and academic endeavours, Dr. Roy is passionate about sports medicine. He has served as a consultant for the National football team and is a distinguished member of the FIFA and AFC elite panel of doctors. Currently, he holds the esteemed position of Honorary Deputy Chairman of the Medical Committee of the All India Football Federation, further demonstrating his multifaceted contributions to the field of sports medicine. Dr. Arya Roy's commitment to excellence, coupled with his compassionate approach towards patient care, distinguishes him as a leading authority in Orthopaedic surgery, particularly in the specialised domain of Hand & Wrist surgery. He continues to strive for innovation and excellence, ensuring the delivery of optimal outcomes for his patients.

Fellowship & Membership

- Fellowship in Hand surgery and reconstructive microsurgery

Field of Expertise

- Small Bone Fractures
- Small Bone Non-union
- Tendon Injuries

- Hand Ligament Injuries
- Carpal Bone Fractures
- Hand Tumours/ Bony and Soft Tissue
- Scaphoid NU
- Kienbock Disease
- Entrapment Neuropathies
- Carpal Arthrodesis
- Finger Flaps
- Regional Flaps for Hand
- TFCC Injuries
- Traumatic Hand Contractures
- Wrist and Elbow Trauma
- Hand Infection
- Paed Hand Injuries
- Fingertip Reconstruction
- Tendon Transfer
- DRUJ Surgery
- Forearm and Elbow Pathology/ Trauma

Languages Spoken

- English
- Bengali
- Hindi
- Russian

Awards & Achievements

- Inland Fellowship in Hand Surgery awarded by the Indian Society of Surgery of the Hand 2023
- Selected for first "train the trainer" program by ISSH in 2023

Talks & Publications

- Published in the Indian Journal of Orthopaedic Surgery in 2022.
- Late Isolated Comminuted Trapezium Fracture with Carpometacarpal Subluxation: A Case Report. [Click Here](#)